

# Footnotes 2



[mswalks.ca](http://mswalks.ca)

## Have Fun at the Manitoba Lotteries MS Walk!

The Manitoba Lotteries MS Walk is more than just a 6km Walk. It's a Sunday full of family fun! Bring your family, friends and pets to experience the Manitoba Lotteries MS Walk. Enjoy healthy snacks along the route, sign the wall of hope banner and streak your hair red with an attachable red hair streak. There are fun things to do for each and every participant.

## Paint the Town Red!

This year, the Manitoba Lotteries MS Walk will be "Painting the Town Red." All participants and teams are encouraged to show their spirit by writing cheers, wearing costumes and bringing props and noise makers to the Walk. Get creative, make your mark, and help end MS by "Painting the Town Red!"

## Fundraise to the Next Level Using the Online Fundraising System

The Online Fundraising System (OFS) is a simple, completely secure way to raise more pledges for the Manitoba Lotteries MS Walk. Login to your Manitoba Lotteries MS Walk Fundraising page at [www.mswalks.ca](http://www.mswalks.ca).

From there, it's easy! All you have to do is type in your friends and family members' email addresses and the OFS will send them a personalized message and link for them to click and pledge you. Your donors are automatically sent a tax receipt and their pledge is automatically added to your fundraising total.

Ask your friends, family members, co-workers, and neighbours and you'll be on your way to becoming a top fundraiser!

## 2010 Manitoba Lotteries MS Walk

Sunday, April 18

Morden

Steinbach

Sunday, April 25

Lac du Bonnet

Portage la Prairie

## In this issue

- 2 Morden & Steinbach Walks
- 3 Lac du Bonnet & Portage la Prairie Walks
- 3 Show your team spirit
- 4 Our generous sponsors



# Manitoba Lotteries MS Walk

Morden **Sunday, April 18**

**Walk Start Time:** 12:00pm

**Location:** Morden Recreation Centre, 111-D Gilmour Street

[www.mssociety.ca/manitoba/scwalk\\_morden.htm](http://www.mssociety.ca/manitoba/scwalk_morden.htm)

**Special thanks to our local sponsors:**

Giant Tiger

The Brick

Hoeschen & Sloane

Dean's Pharmacy

Rana Respiratory Care Group

Pembina Valley Uniforms

Medichair Winkler

Cornerstone Construction Ltd

3M Canada

Subway

Morden Co-op

Golden West Radio

Glenron Electric



Steinbach **Sunday, April 18**

**Walk Start Time:** 2:00pm

**Location:** Steinbach Regional Secondary School, 190 Mckenzie Avenue

[www.mssociety.ca/manitoba/scwalk\\_steinbach.htm](http://www.mssociety.ca/manitoba/scwalk_steinbach.htm)

**Special thanks to our local sponsors:**

Tim Hortons

Pete Schellenberg



**Be a walker.  
Be an end to MS.**

register for 2010  
[www.mswalks.ca](http://www.mswalks.ca)

Manitoba Lotteries  
**MS WALK**  
EVERY STEP MATTERS.



# Manitoba Lotteries MS Walk

Portage la Prairie **Sunday, April 25**

Walk Start Time: 11:30am

Location: Yellowquill School, 3000 Crescent Road West  
[www.mssociety.ca/manitoba/scwalk\\_portage.htm](http://www.mssociety.ca/manitoba/scwalk_portage.htm)

Special thanks to all our local sponsors.



Lac du Bonnet **Sunday, April 25**

Walk Start Time: 10:30am

Location: Lac Du Bonnet Community Centre, 25 McArthur Street  
[www.mssociety.ca/manitoba/scwalk\\_lac%20du%20bonnet.htm](http://www.mssociety.ca/manitoba/scwalk_lac%20du%20bonnet.htm)

Special thanks to all our local sponsors.

## We've Got **Spirit**, Yes We Do!



At the 2010 Manitoba Lotteries MS Walk, all participating teams have the opportunity to show their team spirit.

Following this year's theme, "Paint the Town Red," teams are encouraged to pull out their noise makers, wigs and red clothing to show their support in the fight to end MS.

All teams are encouraged to "Paint the Town Red," regardless of your team size. So whether you have a team of 4 or 100, get ready to show your team spirit on at the 2010 Manitoba Lotteries MS Walk.

Don't have a team? Grab a few friends, form a team and Walk together on Walk day. If you have questions about your team or want more information

on starting a new team, contact **Melanie Fatouros**, Corporate and Community Development Coordinator at (204) 988-0913 or [melanie.fatouros@mssociety.ca](mailto:melanie.fatouros@mssociety.ca).



**May is MS Awareness Month**

Check our website for news and events: [www.mssociety.ca/manitoba](http://www.mssociety.ca/manitoba)

# Thank you to our Sponsors!

## Title sponsor



## National sponsors



**Chatelaine**



## Provincial sponsors



## Media sponsors



Contact the Manitoba Lotteries MS Walk Manager: **Shauna Jurczak**  
email: [shauna.jurczak@mssociety.ca](mailto:shauna.jurczak@mssociety.ca)

Visit us online at [mswalks.ca](http://mswalks.ca)

Phone: 1.800.268.7582 for more information

Mail: 100-1465 Buffalo Place, Winnipeg, MB R3T 1L8

The Multiple Sclerosis Society of Canada would like to remind all participants to display their best conduct and use appropriate language as the MS Walk is a family friendly fundraising event.