

MS Society of Canada, Manitoba Division

PUBLICATIONS ORDER FORM

**Please Print Form and Fax to:
MS Society, Manitoba Division: (204) 943-8444**

Name: _____ **Address:** _____

City: _____ **Postal Code:** _____ **Phone:** _____

I would like copies of the following:

General Information:

- Frequently Asked Questions About Multiple Sclerosis (1.1.c)
- Multiple Sclerosis (MS) is the most common neurological disease (pamphlet)
- About MS and the MS Society – Manitoba Division

Newly Diagnosed:

- Things I Wish Someone Had Told Me (17 page booklet)
- Doctor-patient dilemmas in multiple sclerosis (8 pages)
- Facts for Person Recently Diagnosed with MS

Coping:

- Multiple Sclerosis and Your Emotions (23 page booklet)
- Multiple Sclerosis: Its effects on you and those you love (62 page booklet)
- Healthy Eating (43 page booklet)
- Taming Stress in Multiple Sclerosis (30 page booklet)
- Understanding Bowel Problems (18 page booklet)
- Solving Cognitive Problems (18 page booklet)
- Coping with fatigue in MS takes understanding and planning (6 pages)
- Understanding bladder dysfunction in multiple sclerosis (6 pages)
- Psychological symptoms and relationships under stress (4 pages)
- Insuring your Future: Your Guide to Life Insurance and Multiple Sclerosis

Family:

- Taking Care: A Guide for Well Partners (15 page booklet)
- Plain talk: A booklet about Multiple Sclerosis for family members (25 page booklet)
- Sexuality and Multiple Sclerosis (80 page booklet)
- Erectile Dysfunction in Men with Multiple Sclerosis

continued ...

Children:

- Becoming a parent: A major decision when MS is in the family (4 pages)
- Someone You Know Has Multiple Sclerosis: A Book for Families (Ages 6-12 years) (27-page booklet)
- When A Parent Has Multiple Sclerosis: A Teenager's Guide (20 pages)
- MS Kids Club - A summer program (pamphlet)
- My Mommy Has M.S. (for very young children) (12 page booklet)
- Myelin Is Getting on My Nerves (34 page Workbook for 6-12 year olds)
- Don't Lose Your Balance (Workbook for teens)
- How to Talk about MS with your Children

Workplace:

- An Employer's Guide to Multiple Sclerosis in the Workplace (26 page booklet)

Individual and Family Services (IFS) and Other:

- Multiple Sclerosis Society, Individual and Family Services (1 page)
- Programs and Services Guide (14 page booklet)
- A Step Forward - A 6 week program for newly diagnosed (2 pages)
- Self-Help Groups (pamphlet)
- Special Assistance Fund - Application and Guidelines
- MS Connections newsletter - current copy or back issues
- Winnipeg Chapter newsletter - current copy or back issues
- ASK MS Library and Information System
- Annual Membership Registration
- Volunteer Services Enrollment Form
- Current Activity Calendar – Winnipeg Chapter only

Packages of Information on Multiple Sclerosis

- Newly Diagnosed Kit - an assortment of brochures and literature designed to meet the need of persons recently diagnosed
- Professional Kit - an assortment of literature for professionals working in the field