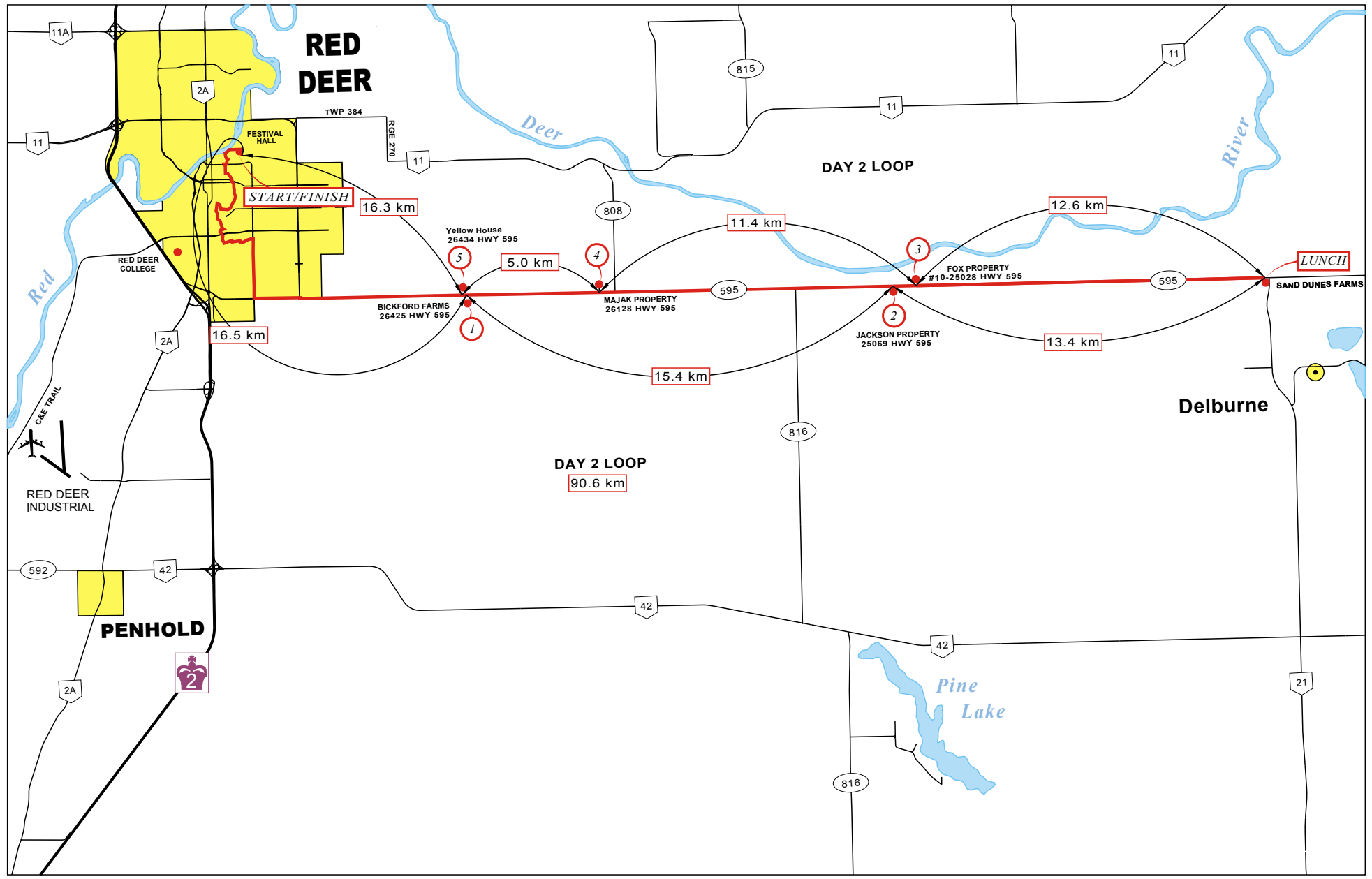


2012 RONA MS BIKE TOUR - DAY 2

(SEE REVERSE FOR DETAIL OF RED DEER)



LEGEND

DAY 2 ROUTE	
CHECKPOINTS	
OTHER STOPS	
DAY 2 DISTANCES	

DIRECTIONS for DAY 2

Sunday - 90.6km

From Festival Hall to Checkpoint #1 - 16.5km

- o From Start Line follow 42a Ave as it winds into 59th St, follow to 45th Ave
- o Cross 45 Ave and turn **left** onto paved trail
- o Follow trail along Red Deer River to trail at Waskasoo Creek, turn **left**.
- o **FOLLOW SIGNS** to Selkirk Blvd
- o Turn **right** on Selkirk Blvd, then **left** on Scott St, **right** on Springfield Ave, **left** on Spencer St
- o Follow to Pedestrian Crosswalk at 40th Ave
- o Cross 40th Ave, turn **right** and follow east sidewalk to Delburne Road (Hwy #595)
- o Stay on sidewalk on **north** side of Delburne Road to 30th Ave
- o At traffic lights, cross Hwy #595 and proceed east on Hwy #595 to checkpoint #1

From Checkpoint #1 to Checkpoint #2 - 15.4km

- o From checkpoint travel **East**, **right turn** on Hwy 595 (Delburne Road)
- o Proceed to Checkpoint #2 (Jackson Property)

From Checkpoint #2 to Lunch Stop - 13.4km

- o From checkpoint turn right proceed **East** to Lunch Stop

From Lunch Stop to Checkpoint #3 - 12.6km

- o Turn **left** onto Hwy 595 and proceed **West** to Fox Property

From Checkpoint #3 to Checkpoint #4 - 11.4km

- o Turn **right** and proceed to Majak Property

From Checkpoint #4 to Checkpoint #5 - 5.0km

- o Turn **right** and proceed to Yellow House
- o Note: This is a **water stop only**. After the last big hill, you might need one!

From Checkpoint #5 to Finish Line at Festival Hall - 16.3km

- o Turn **right** onto Hwy 595 and follow to 30th Ave
- o Ease **right** onto sidewalk and proceed to 40th Ave
- o Turn **right** onto sidewalk beside 40th Ave, Proceed to **Crosswalk Lights**
- o Turn **left** onto Spencer St, **right** on Springfield Ave, **left** on Scott St
- o Follow Scott to Selkirk Blvd, turn **right** on Selkirk Blvd
- o Follow Selkirk Blvd to marked Bike Trail and turn **left**
- o Follow trail north to Red Deer River, turn **right** and follow signs to Finish Line at Festival Hall
- o **JOIN US AT THE FINISH LINE FOR A WIND-UP BBQ!**

