

Aprile Royal



Brief Abstract and Title:

Red Flags and Green Lights – Navigating the Early Days

Getting a diagnosis of MS is overwhelming for a variety of reasons, but there are strategies that you can employ to help ease some of the confusion and fear that threaten to take over. This presentation will explore common experiences, and offer suggestions for ways to stay in the driver's seat as you come to terms with how this diagnosis will impact your life.

Learning Objectives:

At the end of this presentation participants will:

1. Understand how to make good choices in managing their MS.
2. Learn strategies for adapting to, and coping with life with MS.

Aprile Royal joined the MS Society of Canada in January of 2007, and is currently the assistant vice-president for Clinical Programs with National Office. Prior to joining the MS Society Aprile worked as National Manager for Professional Education and Research for a pharmaceutical company which marketed a product for MS. Aprile also worked for ten years as the nurse manager of the MS Clinic at St. Michael's Hospital in Toronto.