

# Jennifer Mah



## **Brief Abstract and Title:**

### **Navigating the Medical System: The Role of the MS Nurse**

What is the role of the MS Clinic? How does one get referred to the MS Clinic? How does a patient get a referral to a different neurologist? Why is it essential to have a family physician?

What is the role of the MS Clinic Nurse? Where does one call with questions/concerns, information and advice? How does an MS patient access comprehensive care? What resources can all patients access through self-referral?

## **Learning Objectives:**

At the end of this presentation participants will:

1. Understand the role that The MS Clinic, your neurologist, and your family physician play in your overall health
2. How to access care; who to call and when
3. Understand what resources a patient can access themselves

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Jennifer Mah graduated from the University of Alberta with a Bachelors of Science in Nursing degree in 2002. She was involved in a multidisciplinary care program at the Glenrose Rehabilitation Hospital for four years, and began working at the Multiple Sclerosis Patient Care and Research Clinic in May, 2007. Presently, Jennifer works as a Clinic Nurse at the Multiple Sclerosis Patient Care and Research Clinic, where she works closely with MS patients and their families. Her work involves the provision of education, supportive counselling and assisting with symptom management. She is very interested in aspects of sexuality in MS patients.