

MS

IS [Information Series]



1 Day Program

The MS:IS 1-day session is a great opportunity for those with busy schedules to learn more about MS. You will have an opportunity to learn, share and discuss the following topics:

- ▶ What is MS?
- ▶ MS symptoms and symptom management
- ▶ MS treatments and medications
- ▶ Employment information
- ▶ The effects of emotions and the process of adjusting to MS
- ▶ How can MS affect personal relationships?
- ▶ How to access resources

This comprehensive program is open to individuals with MS and others closely affected by the disease. Each session encourages interaction and discussion among participants. The program runs during the spring and fall in the evenings.

2 Sessions to Choose From

Saturday Feb. 11, 2012
9 am - 4 pm

Saturday May 5, 2012
9 am - 4 pm

MS Victory Centre
#150, 9405 - 50 St.
Edmonton

Contact Valerie to register:
780-471-3034
valerie.borggard@mssociety.ca



Sessions are FREE.
Registration is required.
For more information please contact the
Edmonton Chapter office.

MS Multiple
Sclerosis
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Edmonton & Capital Region Chapter

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