

START – Science World

Leave Science World parking lot
TURN RIGHT on Quebec St. - police controlled
TURN RIGHT onto 1st Ave West - police controlled
Continue under Cambie St. Bridge), becomes Commodore Road
TURN LEFT onto Moberly Rd.
TURN RIGHT onto Charleson Rd.
Charleson Rd merges into Lamey's Mill Rd.
Continue under Granville Bridge onto 2nd Ave.
TURN RIGHT onto Fir St.
TURN LEFT onto 1st Ave., continue past Burrard St.
TURN RIGHT onto Cypress St., continue to Ogden Ave.
TURN LEFT onto Ogden Ave., then TURN LEFT onto Maple St.
TURN RIGHT on McNicoll Ave., follow onto Arbutus St.
TURN RIGHT into first parking lot after tennis courts and follow Bike Trail
TURN RIGHT onto Balsam St.
TURN RIGHT onto Point Grey Rd., continue to the bike path through Jericho and Locarno Parks and on to REST STOP #1

REST STOP #1: 2nd Spanish Banks

Concession Stand (north side)

Continue on Seaside Seawall, soon meets up with NW Marine Dr., follow NW Marine Dr. to UBC Campus
VEER LEFT onto East Mall and follow to 16th Ave.
TURN LEFT onto 16th Ave.
TURN RIGHT onto Wesbrook Mall
TURN RIGHT onto South Campus Rd.
TURN LEFT into UBC Organic Farm

REST STOP #2: UBC Organic Farm

Exit RIGHT out of Organic Farm on South Campus Rd.

- **Long Route splits from Short Route here**
- **Long Route Cut-Off at approx. 1 hour and 30 minutes from start time to ensure all cyclists are back to Science World in time for BBQ.**

SHORT ROUTE CONTINUES:

TURN LEFT onto Wesbrook Mall
TURN RIGHT onto 16th Ave.
TURN LEFT onto Blanca St.
TURN RIGHT onto 8th Ave., past Alma St. and MacDonald St.
TURN LEFT onto Trafalgar, Rd. TURNS RIGHT into Point Grey Rd., then TURNS RIGHT into Balsam St.
TURN LEFT off Balsam St. onto the Bike Path back to Arbutus St.
TURN LEFT onto Arbutus St.
TURN RIGHT on McNicoll
TURN RIGHT on Cypress
TURN LEFT onto 1st Ave., continue past Burrard St.
TURN RIGHT onto Fir St.
TURN LEFT onto 2nd Ave, continue under Granville St. Bridge
TURN RIGHT onto Crowe St., Cross 2nd Ave.
TURN RIGHT on 3rd Ave.
TURN LEFT onto Quebec St., Cross 2nd Ave.
TURN LEFT into Science World Parking Lot

LONG ROUTE CONTINUES:

TURN RIGHT onto Wesbrook Mall
TURN LEFT onto SW Marine Dr., follow city bike route until Cornish St.
TURN LEFT onto Cornish St.
TURN LEFT onto 68th Ave.
TURN RIGHT onto Adera
TURN LEFT onto 64th Ave.
TURN RIGHT onto East Boulevard
TURN RIGHT onto 59th Ave., cross Granville St.,
VEER IMMEDIATELY LEFT to stay on 59th Ave. Continue along 59th Ave. past Ontario St., Main St., Fraser St., Prince Albert St.

REST STOP #3: ROSS PARK (59th Ave. and Ross St.)

TURN LEFT out of Ross Park onto 59th Ave.
TURN LEFT onto Inverness St.
TURN RIGHT onto 57th Ave., past Knight St.
TURN RIGHT onto Dumfries St.
TURN LEFT onto 59th Ave.
TURN LEFT onto Jasper Crescent
TURN LEFT onto Victoria Dr.
TURN RIGHT onto Upland Dr., road name changes to Muirfield Dr.

TURN LEFT onto Lynbrook Dr.
TURN LEFT onto Vivian St.
TURN RIGHT onto 57th Ave.
TURN RIGHT onto Rosemont Dr.
TURN RIGHT onto Butler St.
TURN LEFT onto Maquinna Dr.
TURN LEFT onto Champlain Crescent
TURN RIGHT onto Blake St., becomes Matheson Cres.
TURN LEFT onto Rumble Ave., road name changes to Rumble St., continue past Boundary Rd.
TURN LEFT onto Patterson Ave., continue past Imperial St., becomes Willingdon Extension
TURN LEFT onto Maywood St., then TURN RIGHT back onto Patterson Ave. Continue past Kingsway and VEER LEFT to continue on Patterson Ave.
TURN RIGHT onto Moscrop St.
TURN LEFT onto Carelton Ave, follow bike path to Sanderson Way, VEER RIGHT onto Sanderson Way
TURN LEFT onto Gilmore Way, road name changes to Gilmore Ave.
TURN LEFT onto Central Valley Greenway at Railroad Crossing
CROSS Boundary Road, Rupert St. and Renfrew St.
TURN RIGHT onto Kaslo and TURN LEFT into RONA Grandview

Rest Stop #4: RONA Grandview (2727 East 12th Ave.)

EXIT LEFT out of RONA onto Slocan.
TURN RIGHT onto Central Valley Greenway (Grandview Hwy. N)
CROSS Nanaimo (use caution)
CROSS E Broadway (use caution)
CROSS Commercial Dr. (use caution)
TURN LEFT on Clark Rd. (shared bike/pedestrian path)
CROSS Clarke @ East 6th & Clarke
TURNS INTO Great Northern Way (shared bike/pedestrian path)
TURN RIGHT onto Prince Edward St., becomes East 1st Ave
CROSS Main St. at First Ave (cyclist controlled intersection)
TURN RIGHT on to Quebec
Turn LEFT in to Science World Parking Lot
Finish Line/Balloon Arch

FINISH – Science World