

## Volunteer Position Description Scotiabank MS Walk

<b>Title</b>	<b>Rest Stop</b>
<b>Purpose</b>	Hand out refreshments to participants at designated rest stop along the route.
<b>Responsibilities</b>	<ul style="list-style-type: none"> <li>• Help load event vehicles with rest stop supplies.</li> <li>• Put up signs to identify rest stop.</li> <li>• Decorate rest stop with balloons.</li> <li>• Set up water coolers and cups.</li> <li>• Set out snacks.</li> <li>• Provide moral support to the Walkers – cheer them on!</li> <li>• Ensure they stay on the path designated for the WALK</li> <li>• Monitor supplies and contact Rest Stop Coordinator for additional supplies before you run out.</li> <li>• Prepare to leave when sweep vehicle tells you to (not before please).</li> <li>• Clean your rest stop and pick up all garbage.</li> <li>• Transport your rest stop equipment, supplies, signage and garbage back to site.</li> <li>• Help load Rest Stop Equipment onto Trucks.</li> </ul>
<b>Skills &amp; Experience required</b>	<ul style="list-style-type: none"> <li>• Reliable and enthusiastic</li> <li>• Able to work independently and with a team</li> <li>• Ability to stand for extended periods of time</li> </ul>
<b>Training &amp; Orientation</b>	<ul style="list-style-type: none"> <li>• Day of event briefing with Rest Stop Coordinator</li> </ul>
<b>Time Commitment</b>	<ul style="list-style-type: none"> <li>• 9am – 12pm on event day: Sunday, April 29<sup>th</sup></li> </ul>
<b>Volunteer Benefits</b>	<ul style="list-style-type: none"> <li>• Snacks will be provided</li> <li>• Volunteer t-shirt</li> <li>• Reference letter with hours volunteered</li> <li>• Be part of the MS Society Volunteer program which helps in fulfilling our mission</li> </ul>