

MS SP

**Multiple Sclerosis
Society of Canada**
Ottawa Chapter

**Société canadienne
de la sclérose en plaques**
Section Ottawa

**Nous pouvons rétablir
le circuit**

We can connect with a cure



WE DON'T KNOW HOW TO CURE OR PREVENT MS... YET

Multiple Sclerosis (MS) is a neurological disease that affects the central nervous system. It is not contagious nor hereditary, yet 50,000 Canadians are affected by MS. Canada has one of the highest rates of MS in the world.

The disease attacks myelin, the tissue which insulates nerve fibres. The scar tissue that forms on the myelin can distort or block nerve impulses which control bodily functions such as walking, speech or vision. Symptoms include extreme fatigue, loss of balance or co-ordination, weakness or numbness. The symptoms often come and go.

FACT

In a healthy nervous system, a message travels from the brain to the hand in a split second to stop a vase from falling. In a nervous system damaged by MS, the message may be slowed or cannot get through to the hand.

A PROUD HISTORY

The Multiple Sclerosis Society of Canada was founded in 1948 to provide services to individuals with MS and to support research. Established in 1950, the Ottawa Chapter serves more than 1,000 families affected by MS. The Chapter provides programs, services, and contributes funds for research.



SERVICES

The Ottawa Chapter offers a range of services for a variety of needs:

- support counselling
- self-help sessions
- home visits
- equipment
- information about MS
- social and recreation programs
- quarterly newsletter.
- educational events

FINANCIAL AID

The MS Society provides financial support to purchase equipment and other services. This program helps people in financial need, when insurance or community resources are insufficient. Temporary financial relief and long-term equipment loans are also available.

VOLUNTEER OPPORTUNITIES

- Board and committees
- Special events
- Office help
- Programs and Services



FACT

With the generous support of the community, through financial contributions and volunteerism, the Ottawa Chapter is one of the most successful MS Chapters in Canada.

WHAT CAN YOU DO?

If you have a relative or a friend with MS, tell them about the Ottawa Chapter of the MS Society of Canada. Join a committee or become a volunteer.

BECOMING A MEMBER

Annual memberships are only \$15 for one year or \$25 for two years. The MS Society is a registered charitable organization and issues tax receipts for donations and bequests.

Name: _____

Address: _____

City: _____

Postal Code: _____

Telephone: _____

- I want to be a member
- I want more information
- I want to be a volunteer
- I want to make a donation
\$20 \$50 \$100 other

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