

## HOW AN ORDINARY PHONE CAN CREATE EXTRAORDINARY LIVES.



**Project developed by**

The Caregiver Support Centre of  
Centre de santé et service sociaux  
Cavendish

Centre affilié universitaire



## **FREE TELE-LEARNING FOR CAREGIVERS**

### **The Balanced Caregiver**

Wednesday, June 4th, 2008 / 6:30 to 8:00pm (Eastern Standard Time)

In partnership with the Care-Ring Voice Network, the MS Society of Canada is pleased to offer a Caregiver tele-learning session hosted by leading psychologist, Dr. Jennifer Rodgers of the University of Alberta Hospital and Charlie Broderick, MS caregiver. This is a free and confidential program that connects caregivers and families to information and support through the use of teleconferencing. This forum provides a place for MS caregivers to discuss issues of importance and get accurate and timely answers to specific caregiver-related questions from a subject matter expert. We are very excited to pilot this innovative program to caregivers across Canada.

#### *Special guest speakers:*



*Dr. Jennifer Rodgers is a clinical psychologist at the University of Alberta Hospital and Clinical Professor at the University of Alberta. She is actively involved with the MS Society of Canada - National Caregiver Advisory Group, the MS Regional Planning committee, and the Alberta MS Drug Review Panel.*

*Her research interests and public talks focus on educating individuals with MS and family members on the cognitive and emotional changes that can occur as a result of the diagnosis. Her work in counseling individuals affected by the diagnosis of MS is always with the goal of helping them live well with MS.*



*Charlie Broderick is a retired high school principal and has served in a variety of education roles for 32 years. Charlie has been a member of town council for ten years and served as Deputy Mayor & Acting Mayor for the Town of Riverview in NB. He was a member and chair of the Municipal Advisory Committee for Disabled Persons. Charlie is the primary caregiver to his wife Helen of 45 years who was diagnosed with MS in 1979.*

*Despite many limitations, Helen and Charlie have remained active in a variety of MS Society of Canada activities. Charlie is a member of the National Caregiver Advisory Group.*

**Register for free by phone or online**

**Call 1-866-396-2433 or visit [www.careringvoice.com](http://www.careringvoice.com)**