



Footnotes – March 2008

www.supercitieswalk.com

APRIL 27, 2008

Montreal West Island

Drummondville

Gatineau

Laval

Montréal

Montreal

Repentigny

Saint-Hyacinthe

Saint-Jérôme

Trois-Rivières

Thérèse-De Blainville/
Lower-Laurentians

Chaudière-Appalaches

Haute-Yamaska and Region

Mont-Tremblant

JUNE 1, 2008

Alma

Baie-Comeau

Chicoutimi

Sept-Îles

Port-Cartier

SEPTEMBER 14, 2008

Quebec City

Sherbrooke

Sorel-Tracy

Pledge Envelope

With this number, you will receive a pledge envelope. (One per WALKer)

You may:

- Put your pledge forms and any money or cheques you get into the envelope.
- Complete numbers 1, 2 and 3.
- Do not close the envelope.
- Bring it with you to preregistration or on the day of the Super Cities WALK for MS.
- Give it to the person in charge at the registration table.

Hurray for Red!

Wear a red item: a hat, a necklace, hair accessories, a ribbon, nail polish, makeup, a sweater, pants, shoes, a scarf, etc.

Let run your imagination!

Pre-registration

By pre-registering for your WALK you can:

- Avoid standing in line on the day of the WALK
- Hand in your pledges
- Obtain what you need for the morning of the WALK
- The date, time and place for your pre-registration are on the **notice enclosed** with your envelope and your issue of *Footnotes*.
- Information for your WALK is also available on the Web site at

<http://www.mssociety.ca/qc/marchevilleEn.htm>

TeamMS Winners!



TeamMS Captains' Weeks

- January 21 to 25 for the April WALKs :

Congratulations to **Marc Lapointe, Captain of VERTIGE in the Saint-Hyacinthe WALK**, who won an \$80 gift certificate from Rôtisseries St-Hubert.

- February 25 to 29 for the June WALKs:

Congratulations to **Cathy Alain, Captain of « La Familia » in the Port-Cartier WALK**, who won an \$80 gift certificate from Rôtisseries St-Hubert.

TeamMS Weeks

- February 11 to 15 for the April WALKs:

Congratulations to **Lucie Germain, member of Bay View TeamMS in the West Island WALK**; she was the TeamMS Week winner of a picnic backpack.

The **P'tits anges de Sylvie TeamMS in the Montérégie WALK** registered 49 team members during the week and earned a \$100 gift certificate from La Cage aux Sports.

Thanks also to all 283 WALKers who registered during these TeamMS weeks.

Thanks also to all 290 WALKers who registered during these TeamMS weeks.

Seeking a Cure for MS!

Many thanks
to everyone!

What are we looking for?

- Myelin distribution—i.e., stem cells.
- Immunology—Why does the immune system go haywire and attack myelin?
- Virology—Some researchers think that ordinary viruses could trigger MS.
- Genetics—The largest study in the world on genetic susceptibility is being conducted in Canada.
- MRI—Since the 1980s, researchers have used this to speed up diagnosis and to assess the effectiveness of treatments being tested.
- Health science research—Examples are epidemiological studies and the psychosocial effects of MS.
- This multifaceted research has clear objectives: to find a cure for MS, repair the lesions MS causes in the nervous system and stop MS relapses.
- Canada is the world leader in MS research. On a world scale, Canadians donate the most per capita for MS research.
- Fund-raising events like the Super Cities WALK have contributed to the development of an innovative \$4.3 million study of MS in children.