



endMS Bits and Pieces Newsletter - December 2020

Welcome to the endMS National Training Program's inaugural endMS Bits and Pieces newsletter. The goal of this monthly newsletter is to share opportunities for trainees to learn about MS research, to network and to attract and retain trainees in the field of MS related research.

Editions of the endMS newsletters will be archived on the endMS National Training Program webpage at <http://www.mssociety.ca/trainingprogram>

If you have any announcements (presentations, career opportunities, etc.) you would like to share in the next newsletter to be distributed January 14th, please send details to anik.schoenfeldt@mail.mcgill.ca no later than January 8th, 2021.

As many of you know the endMS National Training Program publishes an annual endMS Spotlight on the Future Newsletter and this will continue with the endMS Bits and Pieces Newsletter adding ongoing updates throughout the year.

Upcoming Presentations/Seminars

Special Joint UBC MS Connect/endMS Summer School "Bits and Bytes" Presentation

Date: December 15, 2020

Time: 8:30-9:30 am Pacific Time (Please note time in your region)

Topic: Personalized Medicine in MS Care: Missteps, Milestones, & Maybe

Presenter: Dr. Rob Carruthers, University of British Columbia

Bio: Originally from Vancouver, Dr. Carruthers studied medicine at the Tulane University School of Medicine. He did his internship at Massachusetts General Hospital, followed by neurology residency at the combined Brigham and Women's Hospital/Massachusetts General Hospital program. He then undertook a fellowship in Multiple Sclerosis at the Partners MS Center at Brigham and Women's Hospital. His interests include improving patient care and safety in MS, Neuromyelitis Optica and neuroimmunology.

Register in advance for this session: <https://ubc.zoom.us/meeting/register/u5Akc-GprTsrH9MNIccICkxkyl8yDkSqc9Jt>

After registering, you will receive a confirmation email containing information about joining the session.

Alberta MS Network Seminar

Date and Time: January 12, 2021 @ 4PM (MST) (Please note time in your region).

The Alberta MS Network will be hosting a seminar on January 12, 2021 @ 4PM (MST). The speaker will be Dr. Mar Tintore who will give a talk on CIS and prediction of conversion,

therapeutic and diagnostic challenges. The seminar will be hosted on Zoom with the meeting ID: 959 1168 9437. People are able to connect using this link: <https://ucalgary.zoom.us/j/95911689437>

2021 endMS Summer School

Title: Taking MS Research Off the Grid

Save the Date! June 7-9, 2021

Where: University of Saskatchewan

Hosted by: Drs. Charity Evans, Michael Levin and Valerie Verge

Who is eligible: Graduate students and postdoctoral/clinical fellows based at Canadian institutions. Undergraduate students (e.g., medical students) who have previously completed graduate training are also eligible

Competition Launch Date: January 7, 2021

The University of Saskatchewan is excited to host the 2021 virtual endMS Summer School.

Through a variety of presentations and break-out sessions, participants will:

Enhance their knowledge in novel MS research and work related to:

- Mechanism of disease
- Mechanism of repair
- Mechanism of recovery
- Mechanism of resilience
- Increase their appreciation and capacity for interdisciplinary research
- Establish/expand a peer network among MS research trainees

Researchers and trainees from the field of MS and neuroscience will showcase the unique MS research underway in Saskatchewan, and highlight the world-class infrastructure and research opportunities in the province.

2021-2022 endMS SPRINT

The endMS Scholar Program for Researchers IN Training (SPRINT) is a unique training program that enhances knowledge and skills in MS research, establishes valuable connections among peers, offers mentored interdisciplinary learning opportunities, as well as increases opportunities to conduct MS research in Canada

Who is eligible: Graduate students and postdoctoral/clinical fellows based at Canadian institutions.

Competition Launch date: January 7th, 2021

endMS National Training Program Webinar – Thursday, January 28, 2021

A webinar will be held to answer questions regarding the streamlined application process for SPRINT and Summer School on January 28, 2021 at 1:00 pm eastern time. Join Dr. Christina Wolfson, Director of the endMS National Training Program, Anik Schoenfeldt, endMS Program Manager, and Dr. Charity Evans, Co-Host of the endMS 2021 Summer School in this webinar. Registration details will be provided in the new year!

Twitter – Special Guest Host in January 2021

Be sure to follow us on Twitter @endMS. In January, Dr. Christina Wolfson will be the guest host for @endMS January 18th to 24th, 2021.

SPRINT Alumni Publications:

Kedar K.V. Mate, PhD; Nancy E. Mayo, PhD *Clinically Assessed Walking Capacity Versus Real-World Walking Performance in People with Multiple Sclerosis*(Int J MS Care (2020) 22 (3): 143–150)

Special virtual message from Dr. Christina Wolfson, endMS National Training Program Director

https://youtu.be/F_Mlo5GPtgA

Please feel free to share this newsletter with trainees interested in MS related research! To be added to or taken off the endMS Research and Training Network email distribution list, please email anik.schoenfeldt@mail.mcgill.ca

HAPPY HOLIDAYS!

We wish you a very happy holiday season and health and happiness in 2021!