



2019 endMS Summer School

PROGRAM GUIDELINES

Last Updated: January 17, 2019



These program guidelines have been prepared to provide information about the 2019 endMS Summer School, a national training program of the endMS Research and Training Network.

While every effort has been made to ensure that the information in this document is current, the endMS National Training Program reserves the right to modify policies and/or make changes in the program and requirements as required. The electronic version of this document, available online is the most current version and should always be used for reference.

Welcome to the endMS Research and Training Network

The MS Society of Canada launched the endMS Research and Training Network in 2006 through funds related to the MS Scientific Research Foundation as the flagship investment of the \$60 million endMS capital campaign. The overarching aim of the endMS Education and Networking Programs is to accelerate discovery in the field of MS within Canada. Through innovative education and funding programs, the endMS Network aims to attract, train, and retain MS researchers and increase opportunities to conduct MS research in Canada.

The endMS Network has grown a dynamic community of researchers, clinicians and trainees with diverse interests and expertise. As an interdisciplinary group, we include a range of disciplines such as cellular and physiological sciences, health care and epidemiology, neuroscience, genetics, pharmacology, rehabilitation, immunology, imaging, sociology, anthropology, education, applied psychology as well as nursing science.

Welcome to endMS Summer School

We are pleased that you are considering joining the program and are excited about the prospects of learning and working together with you to expand the community of trainee researchers who, over time, will become experts and leaders in the field of MS research.

The information in these Program Guidelines will help you to determine if you are eligible for the endMS Summer School Program and will assist you in preparing an application. To apply for the program, please refer to the online application guidelines available on the [endMS Summer School page](http://www.mssociety.ca/trainingprogram) at www.mssociety.ca/trainingprogram

PROGRAM OVERVIEW

The endMS Summer School is an annual interactive education program that aims to enhance knowledge and skill in MS research, increase capacity for interdisciplinary research and establish a peer network among MS research trainees.

The endMS Summer School enables trainees from a variety of disciplines to come together in a small group setting to learn about MS relevant research topics. The Summer School's small group sessions are designed to facilitate networking, collaboration and information exchange among participants. While the focus alternates between basic science one year and clinical and population health research the next, sessions are developed to be of interest to all trainees irrespective of their background training. Emphasis is placed on creating an interdisciplinary agenda that strives to offer participants a more comprehensive understanding of the topic being discussed.

2019 endMS SUMMER SCHOOL

Title: 3 Ps of MS: **P**ain, **P**rotection, and **r**e**P**air

The Alberta MS Network is excited to host the 2019 endMS Summer School May 26-29 in Calgary, Alberta and will strive to showcase Alberta's diverse MS research expertise. This educational program will integrate innovative cutting edge basic and clinical research with a focus on fundamental knowledge and laboratory research, as well as translational activities that bring innovations to those living with MS. We hope to guide you from bench to

bedside and back through the exploration of topics related to neuropathic Pain, neuroProtection and rePair. Sessions will emphasize work that is needed to examine these more complicated targets of MS research, and also address disease progression.

Over the course of the summer school, trainees with diverse backgrounds will have ample networking opportunities to build connections between peers and guest speakers. Participants will experience a balanced program with exciting lectures, hands-on workshops, career development sessions and research engagement sessions.

ELIGIBILITY

To be eligible, applicants must be enrolled, with full time status, in a graduate program or be a postdoctoral/clinical fellow normally at a Canadian university, at the time of registration for Summer School (April 2019). Applicants who are a postdoctoral/clinical fellow must have completed their PhD in the last 4 years or less at the time of registration. Those who are enrolled in an undergraduate program (e.g. MD) but who have previously completed graduate training are also eligible.

If you have questions about your eligibility, please contact Anik Schoenfeldt at: anik.schoenfeldt@mail.mcgill.ca.

PREPARATION AND REVIEW OF APPLICATIONS

Application procedure: The MS Society of Canada uses an online process for the submission of applications. The system is called Easygrants and can be accessed through <https://www.mscanadagrants.ca>. All candidates are required to use this website for completion and submission of applications.

Deadline: The deadline for completed applications is **February 7th, 2019 at 4:00 pm ET**. Incomplete applications and/or applications that arrive after the deadline will not be accepted. The hours of the MS Society of Canada's administrative and technical support for application inquiries are Monday to Friday from 9:00 am to 4:00 pm ET. All application inquiries related to the online application process must be directed to msresearchgrants@mssociety.ca.

SELECTION PROCESS

Participation in endMS Summer School is based on a competitive application process. Applications will be reviewed by a Review Committee and selected based on many factors including reference letters, education and research experience, as well as where the applicant sees him/her self in 5-10 years time. Due to the competitive nature and popularity of Summer School, preference may be given to those who have not already attended two previous Summer Schools. Preference may also be given to trainees whose supervisor has no more than 3 trainees accepted to the Summer School in the same year.

Anticipated Notice of Decision: end of March 2019

TERMS AND CONDITIONS

endMS Summer School participants will receive travel awards to participate in the program. These awards are to reimburse participants for the cost of airfare/train fare, and ground transportation to and from airports. The maximum amount of the award will be determined based on the location from which they will travel to Calgary. These awards will be provided upon submission of expense reports by participants after the program. Participants will only be reimbursed for expenses for which they provide original receipts. If total expenses are lower than the maximum available award, participants will be reimbursed only for the expenses submitted. Applicants accepted into the program will be provided with travel expense guidelines.

Any additional travel costs incurred by participants above the amounts of these awards will not be reimbursed by the endMS Summer School program.

Shared accommodation (pods of 2 single rooms with shared bathroom) for participants arriving from outside Calgary, meals during the program and course materials for all participants will be arranged by the endMS Summer School program. These costs are covered and do not count toward the maximum travel awards below.

The following table outlines the maximum amount of the awards that will be provided to participants based on the closest major city to his/her institution. The differences in these awards are due to the differences in travel costs from different locations. These awards are based on the lowest available economy flight/train costs as of November 2018.

Closest major city to participant's institution	Maximum Travel award amount
Calgary, AB	\$100
Edmonton, AB	\$425
Fredericton, NB	\$825
Halifax, NS	\$825
Kingston, ON	\$800
Lethbridge, AB	\$475
London, ON	\$875
Montreal, QC	\$750
Ottawa, ON	\$700
Quebec City, QC	\$875
Regina or Saskatoon, SK	\$475
Sherbrooke, QC	\$850
St. John's, NL	\$975
Toronto, ON	\$700
Vancouver, BC	\$475
Winnipeg, MB	\$550

Any questions regarding Summer School or these guidelines should be directed to:

Ms. Anik Schoenfeldt, Program Manager

Email: anik.schoenfeldt@mail.mcgill.ca

Phone: 1-877-288-2570 / 514-843-1442