Chair and president’s message

Canada has the highest rate of multiple sclerosis in the world. MS is Canada’s disease, and Canadians are taking action, every day, to fight MS in ways that are meaningful to them. Every time people living with MS make choices about how to manage their symptoms, assert their right to flexible workplace accommodations, or connect with one of their peers online to share information and experiences — we all take another step closer to ensuring full inclusion of people living with MS in our communities.

This year saw the advancement of several research collaborations, most notably the MEsenchymal Stem cell therapy for CAanadian MS patients (MESCAMS) study, which is fully underway in Ottawa and Winnipeg. With 25 per cent of participants coming from Canada, we stand to be the largest contributor to an international stem cell trial that will determine mesenchymal stem cells’ potential to suppress inflammation and repair nerve tissue.

The global MS community is also on the precipice of one of the most important discoveries in MS research today: a disease-modifying therapy for progressive MS. Ongoing work in B cell research has led to the development of ocrelizumab, the first MS therapy in development to receive a breakthrough designation from the U.S. Food and Drug Administration. As we await approval of this promising treatment in both the United States and Canada, our own collaborative study of B cells is contributing to a body of research that is leading to tangible benefits for people living with all forms of MS.

As people seek faster and more immediate ways to access information about MS and its myriad effects on one’s life, we continue to invest in technology that quickly delivers reliable information about MS to as many Canadians as possible. Through the new design of our website, our new peer-to-peer support program, and enhanced engagement through social media, we have created a dynamic and accessible online community that allows for easy navigation and, most importantly, two-way conversation with people living with MS.

A significant amount of work was also done to expand the geography of many of our chapters in order to increase access to programs and services for people living with MS that we were otherwise unable to serve. Our dedicated chapter volunteers and staff have been key in championing and enabling these changes.

Our donors, fundraisers and volunteers are a passionate group of people, and many of them approach fundraising in creative ways. As part of a shift to empower people to raise funds for MS research and services in ways that are tailored to their interests, we have established I Challenge MS. This online platform is a conduit through which fundraisers can set up their own personal challenges and receive support throughout their fundraising journey. As fundraising trends continue to reveal an emphasis on personalized experiences, we will enable people to make their own event ideas a reality.

On behalf of our staff and volunteers, we would like to thank Chuck Ford for his contributions as past chair of our board of directors. Chuck’s commitment to people living with MS runs deep, with three generations of his family affected by the disease. His contribution to people living with MS over the past two years has been invaluable.

Thank you for joining us in the fight to end MS.
Every year, Canadians come together in so many ways to fight MS. Caregivers and family members support their loved ones who live with MS. Donors and fundraisers work tirelessly to fund research that leads to better quality of life. Canadian MS researchers are working every day to discover the cause of MS, better treatments, and ultimately a cure for the disease. And people living with MS fight the disease in their own ways, every single day. What do these Canadians all have in common? They are all members of #TeamFight and are all fighting for a world free of MS. Thank you, so much, for fighting with us!
**MESENCHYMAL STEM CELL THERAPY**

_for Canadian MS patients (MESCAMS)_

"My name is Lizelle, and if I were to tell you about my bucket list when I was 17, I would tell you I wanted to bake the perfect batch of macaroons, learn to swim, become a yogi and – even though I’m terrified of heights – skydive. At 18, I was diagnosed with multiple sclerosis. The moment someone said, “You have MS”, I thought my life was over. I was supposed to be finding myself, and crossing things off my bucket list – instead, I entered the medical learning curve that is living with MS.

I’d be lying if I told you that I wasn’t scared sometimes. I worry about my career, as I’ve always wanted to become a nurse and the process is difficult and ongoing. I worry that when I have kids, I won’t be able to care for them the way my mom cared for me. But MS has taught me to live life without boundaries, and I’m ready for the challenges I may face.

In less than two years, my life has gone in directions I never could have dreamed of. In January 2015, I was asked to be a part of Canadian MS research history: the announcement of the first Canadian clinical trial investigating mesenchymal stem cells for the treatment of MS. My neurologist, Dr. James Marriott, is one of the principal investigators of the MEsenchymal Stem cell therapy for CAanadian MS patients (MESCAMS) study, and he invited me to speak at the press conference announcing the clinical trial.

I was over the moon when the trial was announced, because stem cell research gives me so much hope as someone who wants children and wants to make sure those children live in a world without MS. As we toured the MESCAMS facility in Winnipeg with reporters, I shared with them that I see stem cell research as getting me that much closer to living a life without worries. The question, “what if?” turns into, “when and how?”

We have a long way to go, but I know researchers are working hard to make sure people living with MS have real hope – I’ve seen it first hand, and I’m optimistic about what the future holds!
MESCAMS, and promising stem cell research worldwide, provides people living with MS with real hope that MS will be cured within their lifetime. It allows them to believe that the next generation will never need to hear the words, “You have MS.”

In 2015, we invested in the first Canadian clinical trial studying the ability of mesenchymal stem cells to treat MS. The study (supported by a $4.2 million grant) will provide more definitive answers about mesenchymal stem cells’ potential ability to reduce harmful inflammation in the brain and possibly contribute to repair of the central nervous system.

MESCAMS is the largest player in a global initiative studying stem cells and MS, and as Canada has the highest rate of MS in the world, we are excited to be an active contributor to this international collaboration involving nine countries. Recruitment is well underway for this study.

The grant funded by the MS Society of Canada and the Multiple Sclerosis Scientific Research Foundation for MESCAMS is also supported by proud funders Research Manitoba ($1.5 million) and A&W Food Services of Canada Inc. ($1 million).

**2015 Research impact checklist**

Looking back on 2015, the year marked some exciting developments in multiple sclerosis research, with each breakthrough bringing us one step closer to understanding the causes underlying MS and finding ways to improve quality of life for people affected by MS. Through our funding programs including operating grants, studentship and fellowship awards, and collaborative team grants, we continue to display strong leadership in the fight to end MS by supporting innovative fundamental and clinical research in progressive MS, myelin repair and protection against nerve damage, symptom management and improving wellbeing and quality of life.

Below is a list of important research objectives and goals that have been addressed and “checked off” by researchers and trainees through their studies funded by the MS Society of Canada.

- New targets identified for protecting against nerve damage and disability
- Discovery of techniques for patching up myelin that use the body’s own repair mechanisms
- New insights found into why pregnancy and lactation can reduce MS severity
- Associated medical conditions are given the research spotlight to shed light on improving overall health and wellbeing in people living with MS
- New targets identified for preventing the invasion of harmful immune cells into the brain
- Link uncovered between running and reducing MS-related pain
- Insights revealed into how MS and physical activity are related in children
- Important inroads made into identifying the cells that drive progressive MS
- New strategies discovered for keeping inflammation under control

Subscribe to receive our monthly research e-bulletin, which has all the latest updates on research in Canada and around the world: mssociety.ca/research-news
COMMUNITY PARTNERSHIPS

to improve quality of life

We’ve partnered with yoga studios, gyms and specialized trainers in communities across Canada to give people living with MS access to affordable physical activity classes to increase strength and mobility. Our ultimate goal is to empower people living with MS with more independence and improve quality of life. Our partnerships focus on providing people with a safe space to be active by tailoring classes to all levels of ability.

School of Movement
The School of Movement is a workshop located in Montreal, QC. Participants in the program learn the value of paying attention to what they’re doing in order to maximize the benefits of each exercise. People quickly discover that body awareness and mental focus render the exercises safer, more effective and felt more deeply throughout the body. The workshop is designed to allow participants to do exercises at their own pace and according to their own abilities.

“My name is Sylvie and I have been living with MS since 2004. For the past two years I’ve used my wheelchair to get around because I am no longer able to walk. When I started doing the School of Movement courses, I couldn’t even do one squat. Now I can get out of my chair, grab the wooden bar and do 40 of them. These classes help me maintain my muscle mass, which – in real life terms – means I can transfer myself out of my chair without help. It’s so important for my autonomy. The kinesiologists also get me to throw a ball against the wall as many times as I can in one minute to get my heart rate up. To date, it’s the only cardio strengthening exercise I’ve found that I can do from my wheelchair. We exercise by playing games and having fun, and it makes training so much easier when you’re having a good time.”
VON-SMART
VON-SMART is a community-based, volunteer-led functional fitness program designed to enable people of all ability levels to achieve a healthier quality of life and independence. By improving strength, flexibility, balance and mobility through a variety of gentle, low-impact exercises, people living with MS and other disabilities are able to see tangible improvements in their mobility and independence.

“My name is Pamela.” I participate weekly in the VON-SMART program in Whitby, Ontario. I received my diagnosis in 2005 and, at the beginning, I joined the program mostly for the social aspect. About a year before I joined, I had to stop working because of my MS. I had been working at the same place for 16 years, and when I stopped I felt really isolated. I’ve made so many friends through this program. We go for coffee after class and we don’t just sit around talking about MS, but if we need to, we know we are all there for each other. I go because I know that getting that little bit of movement every week is good for me! It really is more movement than you realize you’re doing, and doing it consistently makes me stronger.”

Find out more about programs and services in your community by reaching out to your local chapter office. Visit mssociety.ca/contact-us or call 1-800-268-7582.

Pamela
diagnosed with MS in 2005
I have a good job. I work for the government. The problem is I feel stuck at my job. If I ever lose it or quit, I know I won’t get another one. It was obvious that they set me aside because I have a disability.

Denis diagnosed in 1997

I got fired from my last job because of my MS. They didn’t say it so bluntly; they told me to take the summer off. I had 15 years of experience in the field and had been working at that job for five years.

Hana diagnosed in 1995

We are being forced to sell our home because we can no longer afford to live in it. [...] Canada’s job and income support programs are not set up to handle this kind of disease.

Cameron diagnosed in 1991

The position [my daughter] Megan was hired into was quite geared for the standing: being in front of a class, constantly flip charting and conducting presentations. Well, that’s really difficult when you’re in a wheelchair. With the assistance of the disability resources department within her organization and her site employer, Megan was given the opportunity to pilot the use of alternative ways to present her work. Computers, iPads and enormous “sticky note” flip pads were immediately provided, and now Megan can present her work with better ease. That was a real victory for her, as small as it may seem to anyone else.

Lynn Hunter former MP, daughter Megan lives with MS

The biggest issue was how hard I had to work just to keep pace with everyone else. I didn’t want to appear like I can’t do what I’m doing. So by the time I’d get home, I was exhausted. I didn’t have any energy left for my family or my outside interests.

Gregory diagnosed in 2008

RAISING AWARENESS
to effect real change

Raising awareness about MS is crucial to effecting change. This year, our focus has been on making sure members of parliament are aware of what Canadians affected by MS need to live the best lives possible.
Canadian members of parliament will set the tone for legislation on real issues that affect Canadians living with MS and their loved ones. We need our MPs to make important changes that will lead to more secure jobs and income for people affected by MS, and a higher investment in MS research to accelerate the development of a treatment for progressive MS. Because of the willingness of people living with MS to share their stories, offline and online, we are better positioned than ever before to be heard by our government – and we’re just getting started.

In September 2015, we launched an online and letter writing campaign, #ELECTTOFIGHT, which harnessed the power of personal narrative as a tool for raising awareness. Nearly every candidate in every riding across Canada received messages from people affected by MS. Nearly 15,000 letters were sent, urging for the following:

- secure jobs and income for Canadians living with episodic illnesses and their caregivers
- accelerated research to find effective therapies for progressive MS

We have gone into 2016 with more first-hand information at our disposal than ever before, and we are currently in the best position to effect change. System-wide change starts with assessing where we are now, so that we are fully informed when pushing for progress. In September, the Institute for Research on Public Policy (IRPP) released a report called Leaving Some Behind: What Happens When Workers Get Sick, co-funded by the MS Society of Canada. The IRPP report will help us make a strong case for fundamental changes to income and employment supports across private and public systems. The recommendations propose a redefinition of disability policy, so that we may improve access to more flexible income and employment supports through employment insurance, Canada Pension Plan – disability and private insurance systems.

Also, the MS in the Workplace Roundtable discussion on June 17 focused on how to provide people with the tools they need to remain in control of their own lives, maintain their independence and feel confident and fulfilled despite all of the things that are changing in their lives. The resulting report will allow us to effect real change and make the government aware of what needs to happen to improve the quality of life of Canadians living with MS and other episodic illnesses.

2015 federal election
With new leadership comes new potential for change. Prime Minister Justin Trudeau and the new government included the Canadian Disabilities Act as part of their platform and announced the appointment of the Honourable Carla Qualtrough as minister of sports and persons with disabilities. With these added items to our government’s platform, we will be able to work with representatives across the country to make true inclusion of people living with MS a reality.

To read full reports and learn more about our advocacy activities, visit blog.mssociety.ca/category/advocacy
My name is Lynda and I come from a small town in Quebec where it seems like the rate of multiple sclerosis is unusually high. I’m raising money for research so that we can know the cause of MS and why the disease is so prevalent in some areas more than others. We need to know why this is happening.

My diagnosis coincides with one of my happiest memories: the birth of my daughter, Chloé. Three weeks after she was born, I stood up to get Chloé from her bed and the entire lower half of my body went numb. I thought I was experiencing some after-effects of my childbirth, and I let my doctor know at my follow up appointment. Instead he mentioned multiple sclerosis, which scared me because everyone I had known with MS had died.

My diagnosis was difficult because my medical history is very complicated. I was being treated for a melanoma after the birth of my daughter, so my healthcare team was unsure if my symptoms were related to cancer or MS. But after six months of tests, I received an official diagnosis.

I hid my MS for 10 years, even from my children. Then I had a severe relapse that caused optic neuritis and some loss of speech, and I was forced to tell the people closest to me about my disease. When I decided to tell people, I also decided I wanted to let others know they shouldn’t have to hide their MS.

I committed myself to raising awareness of the disease. That’s how I found my way to fundraising. I’ve raised money in so many ways: I’ve participated in MS Bike and Muck MS Canada, hosted garage sales, golf tournaments and – my personal favourite – organized an annual comedy night, which continues to sell out every year. Once I opened up about my MS, so many people came forward to help me raise awareness and funds.

Now I have a studentship award set up in my name. It’s so important that we end MS within our lifetime. With enough awareness and funds, I believe we can get there.

In 2015 Laurine Legroux was awarded the Lynda Archambault MS Society of Canada endMS Doctoral Studentship Award.

Institution: Centre de Recherche du Centre Hospitalier de l’Université de Montréal

Project entitled: Role of NKG2D in multiple sclerosis

Subject area: Progression/therapies

Focus area: Neuroimmunology

Supervisor: Dr. Nathalie Arbour
I Challenge MS

I Challenge MS can be anything you want – any personal event or group gathering that empowers people to raise money for Canadians living with MS and make a real difference in people’s lives. A challenge may be setting up a bake sale or coin drive in a local community; it may be training for and running a marathon to collect donations; it may be organizing a week-long fundraising campaign at a workplace; or it might be crossing an item off a bucket list halfway around the world. No challenge is too small when people dedicate time, effort and passion in the fight to end MS. The program reflects a larger, Canada-wide cultural shift wherein the control is being handed over to the people doing the fundraising, making it easier and more fun to raise money for research and services.

When people create their I Challenge MS campaign, they have access to an incredible library of resources and tips. They can share updates about their challenge and easily gather secure donations. MS Society staff in each province are available to help plan, develop and run each challenge. For more information, visit ichallengems.ca

A&W: Aligning brands

A&W Cruisin’ to End MS is the MS Society’s largest cause marketing campaign, raising $8 million in seven years. Our partnership with A&W has advanced the MS Society’s mission in funding research and providing programs and services for Canadians affected by multiple sclerosis. In 2015, Cruisin’ to End MS helped broaden the awareness of MS to the general public, with a focused message that Canada has the highest rate of MS in the world and, together, we will end MS. The added relevance helped the campaign to a record-breaking $1.58 million raised by A&W employees and guests.

We are so grateful to A&W for incorporating our mission to end MS in all facets of their business. Thank you to A&W for the many years of deep commitment to ending MS.

Photos: (top left) In August 2014, Taryn Lencoe swam for 12 hours to end MS as part of the I Challenge MS program. (above) MS Ambassador Amanda Piron takes a selfie with the Root Bear as part of the A&W Cruisin’ to End MS campaign.
MS Scientific Research Foundation
Areas of focus: cause/treatments/knowledge

To view full financial information for the MSSRF visit mssociety.ca/multiple-sclerosis-scientific-research-foundation after June 21.
**Identifying the cause of MS**

MS is known to be the result of an inappropriate immune reaction in the central nervous system, causing damage to myelin and the underlying nerves. Research funded by the MS Scientific Research Foundation has greatly enhanced the MS community’s understanding of what causes that immune reaction, all the way down to the genetic level.

**Dr. George Ebers** (University of Oxford) and **Dr. Dessa Sadovnick** (University of British Columbia) were awarded a $2.2 million collaborative grant in 1993 for their study entitled, "The Canadian Collaborative Project on Genetic Susceptibility to MS (CCPGSMS)". This large scale, multi-site initiative funded by the MS Scientific Research Foundation shed light on how genes and environment influence one’s risk for developing MS. After several phases and additional funding, the research team successfully identified the genes that are linked to MS risk, mapped out patterns of MS among family members, determined how the genes of interest are influenced by the environment, and observed whether external factors such as vitamin D play an important role in MS risk. The project yielded one of the largest MS genetic databases, collecting critical information from more than 30,000 people with MS and their relatives from 15 MS clinics across Canada.

Before **Dr. Brenda Banwell**’s pioneering study of MS in children and adolescents, clinicians thought MS was a disease that occurred only in adults. With the establishment of the Canadian Pediatric Demyelinating Disease Network in 2004, Dr. Banwell (The Hospital for Sick Children and Children’s Hospital of Philadelphia) and experts across Canada have uncovered an enormous wealth of information about the features of MS in children, risk factors that help to predict those at high risk for developing MS, and potential treatment options. Considered one of the largest and most comprehensive pediatric cohorts in the world, the Network has received $3.2 million in new funding to investigate the effect of pediatric MS on physical and mental well-being, cognitive impairment, use of the healthcare system, and disease progression and immune system balance.

Dr. Brenda Banwell’s well-established pediatric MS network is extending its reach to a new study, led by **Dr. Helen Tremlett** (University of British Columbia). Dr. Tremlett is exploring bacteria in the gut of children and adolescents enrolled in the pediatric MS study, in order to understand how their gut microbiomes differ and if those differences could explain what causes MS. “There is less history to sort through with kids, and we’re better able to pinpoint when the disease took hold,” says Dr. Tremlett, who received $500,000 in 2015 from the MS Scientific Research Foundation to roll out the study.
Developing new treatments

Clinical trials are critical to providing safe and effective treatment options for people living with MS, but they often require significant resources. The level and scope of funding from the MS Scientific Research Foundation has enabled clinical trials assessing new and repurposed drugs, as well as cutting-edge, cell-based therapies involving stem cells.

Dr. Luanne Metz (University of Calgary) took a risk when she received a $4 million collaborative grant to embark on a clinical trial in 2007 that would examine the effects of minocycline – a readily available antibiotic used to treat acne and other bacterial infections – in people living with an early form MS. Earlier cell and animal work by Dr. Metz’s colleague Dr. V. Wee Yong, also funded by the MS Scientific Research Foundation, revealed that minocycline had anti-inflammatory and neuroprotective properties, which made it a promising treatment for MS. The phase III clinical trial that ensued involved 142 participants across Canada who were treated with either minocycline or placebo upon showing early signs of MS. First results of the trial presented at the 2015 European Committee for Treatment and Research in MS (ECTRIMS) meeting showed that minocycline significantly reduced the risk of converting to definitive MS compared to placebo.

MS neurologist Dr. Mark Freedman and stem cell expert Dr. Harry Atkins (Ottawa Hospital Research Institute) teamed up to evaluate immunoablation and autologous hematopoietic stem cell treatment (IAHSCT) for MS. This was the first trial in Canada to apply an approach used to treat blood cancers to MS. Launched in 2000 with a $4 million collaborative grant from the MS Scientific Research Foundation, the Canadian Bone Marrow Transplantation (BMT) trial involved 24 participants who received chemotherapy followed by transplantation of their own hematopoietic stem cells taken from the bone marrow. To date, nearly all of those treated have been relapse-free, and long-term follow-up studies have been published and help explain why.

Dr. Freedman and Dr. James Marriott (University of Manitoba) are continuing to study the effects of stem cell treatment for MS, with a newly launched clinical trial entitled, “MEsenchymal Stem cell therapy for CAanadian MS patients (MESCAMS)”. The procedure involves administering the patient’s own mesenchymal stem cells – another type of stem cell that differs from the ones used in BMT – to subdue the harmful immune cells that drive MS. This novel experimental treatment is being examined around the world, with MESCAMS contributing the largest pool of data from 40 Canadian participants. See page 4 for more information on the MEsenchymal Stem cell therapy for CAanadian MS patients (MESCAMS) study.
Trailblazing new knowledge

MS has long been considered an autoimmune disease by many clinical and research experts. By this definition, immune cells are prompted to enter the central nervous system and cause damage to nerve tissues. The MS Scientific Research Foundation has funded innovative research that has proposed alternative explanations to conventional thinking.

In 2011, Dr. Peter Stys (University of Calgary) sought to challenge conventional thinking when he received a $3.8 million collaborative grant to study MS from a different angle. His “inside-out” model of MS proposes that early nerve damage from within the central nervous system triggers a secondary, immune-based reaction. His multidisciplinary research team have described in detail how nerves are damaged, at what stage of the disease the damage occurs, and how this knowledge has transformed the research community’s understanding of progressive MS.

“This collaborative study will allow us to address important emerging issues relevant to understanding and better treating MS, especially progressive MS,” says Dr. Amit Bar-Or (Montreal Neurological Institute) of the $3.6 million study for which he is collaborating with Dr. Alexandre Prat (University of Montreal) and Dr. Jennifer Gommerman (University of Toronto) to uncover how B cells influence the course of MS. This innovative approach to studying MS challenges the theory that MS is driven by a different white blood cell called the T cell. With new promising MS treatments in the pipeline that target B cells, the launch of this study in 2013 has been timely and instrumental to identifying exactly which B cells are harmful in MS.

While the genes that form the blueprint for the myelin sheath that surrounds nerve fibres have been mapped out, the way in which they work together to orchestrate myelin formation and repair is not fully understood. In 2000, Dr. Alan Peterson (McGill University) was awarded a $1.5 million collaborative grant for his study entitled, “Myelin Gene Regulation: A Multidisciplinary Approach”. In an effort to address this critical gap in MS research, Dr. Peterson assembled a collaborative team of experts specializing in genetics, molecular and functional biology. Together they answered questions like, “How do genes control the molecular machinery that underlies remyelination?” The study yielded many new insights into remyelination and identified new targets for potential remyelination therapies.

In 2001, the MS Scientific Research Foundation awarded a $3.5 million collaborative grant to a group of five leading MS researchers from across Canada and the U.S. Together they explored innovative approaches to stimulate repair of nerve tissue in people with MS. The multidisciplinary study, led by Dr. Jack Antel (McGill University), identified an “on” switch that kick-starts the repair process by transforming immature “progenitor” cells (cells that are similar to stem cells but more developed) into myelin-producing cells. They looked at both progenitor cells from within the body, as well as progenitor cells from an external source. The team also refined established cell and animal models to test how different drugs influence remyelination. This work advanced the MS community’s understanding of the repair process, and how the body’s own cells can serve as a repair team to mend damage caused by MS.
LEADERSHIP DONORS

Canada has the highest rate of multiple sclerosis in the world, and Canadians are stepping up to the challenge and leading the charge in the fight to end MS. The MS Society is delighted to recognize the following individuals, corporations and foundations that made a gift commitment in 2015 in support of the Canadians living with MS.

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<td>Gateside Foundation K and V at the Strategic Charitable Giving Foundation</td>
<td>$1,000 – $4,999</td>
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<td>Andre Gauthier Foundation</td>
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<tr>
<td>Jacques Gauthier &amp; Heather Mackinnon</td>
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<tr>
<td>and The Gauthier Family Charitable Fund</td>
<td>$1,000 – $4,999</td>
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<tr>
<td>Jacques F. Gougoux Foundation</td>
<td>$1,000 – $4,999</td>
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<td>IceCaps Care Foundation</td>
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<td>Innovative Medicines Canada</td>
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<td>David &amp; Maureen Jackson</td>
<td>$1,000 – $4,999</td>
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<td>John Deere Foundation of Canada</td>
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<td>Donations to the Strategic Charitable Giving Foundation</td>
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<td>ATCO Structures &amp; Logistics Ltd.</td>
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<td>Azrieli Foundation</td>
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<td>Elizabeth Barrie</td>
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<td>Beckier Enterprises</td>
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<td>Gary Bluestein Charitable Foundation</td>
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<td>Brain Repair Centre – Dalhousie University</td>
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<td>Dean Brayer</td>
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<td>Claude and Louise Chamberland</td>
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<td>John &amp; Faye Clark Family Testamentary Trust</td>
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<td>Jim and Cindy Colvin</td>
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<td>Michelle &amp; Patrick Meneley</td>
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<td>Roger Stalsberg</td>
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<td>Florence Margaret Thompson &amp; Family = Foundation</td>
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Canada would also like to thank the Strategic Charitable Giving Foundation for its leadership in supporting the Canadians living with MS.
ENDMS CAMPAIGN DONORS

The MS Society is grateful to the following donors for their generous support of the endMS: Whatever It Takes campaign, which funds the most promising research in Canada and around the world to find better treatments, improve quality of life and enable people living with MS to lead the best life possible.

$1,000,000+
- The Waugh Family Foundation
- Anonymous

$500,000 – $999,999
- Anonymous (a)

$100,000 – $499,999
- Chorus Aviation
- Hermès Canada
- Valerie Hussey
- Joe Randell
- David L. Torrey
- Anonymous

$10,000 – $99,999
- 2015 Smash Out MS Golf Tournament
- Chuck Ford & Shelley Wood
- Love Family Trust
- RBC Foundation

$1,000 – $9,999
- Jim & Jennifer Beqaj
- Salvatore N. Corea & Charlene Luciak-Corea
- Suzanne Gouin
- Dominique Hansen
- Malouf Family Foundation
- Cory Turner
TOP EVENT DONORS

Our fundraising events enable us to fund cutting-edge Canadian MS research as well as programs and services for people living with MS across the country. We are delighted to recognize the following donors who made a gift in support of the MS Society’s 2015 fundraising events.

$50,000+
Lorenzo Donadéo

$25,000 – $49,999
Prairie Lube Ltd
Scotiabank

$10,000 – $24,999
Bill Bates
Benefity Inc.
Biogen Idec Canada Inc.
Gudrun Boyce
Dr. F. J. Brooks-Hill
Mary Ann Cormack Fund
Cornerstone Insurance

$5,000 – $9,999
1250057 Alberta Ltd.
Ali Le Géant
Allumage Épicerie
Amec Foster Wheeler
Association des policières et policiers provinciaux du Québec
Aurion Capital Management Inc.
The Morris and Beverly Baker Foundation
Basintek LLC
Bauval Inc
Tanya Benoit
André Bourrelle
Brandt Group of Companies
Rose-Aînée Briand
The Canadian Brehmhouse Ltd.
Cenovus Energy Inc.
Raymond Chevalier CIBC
Cie Minière IOC
Marc Côté
Marc Daigneault
Bob Decker
Devlan Construction Ltd.
John Estereino
Gestion Cefam Inc.
Great-West Life

Greystone Managed Investments
Ikuma Resources Corp.
Investors Group
IUPAT
LMF Ltd.
Medavie Blue Cross
Micco Companies
Randi Mikula
Dr. Christopher & Mrs. Jennifer Moore
David Morrison
Naim
Stéphane Perris
Jay Pinchuk
Elaine Rankine
Sanofi Genzyme
The Frank Scarpitti Charitable Foundation Inc.
Sdmc Ag Inc.
Jay Shepherd
Stonepark Intermediate School
Mary Sullivan
Christianne Thouin
Tropie Air Systems
Arash Vahdaty
Frank Van Oirschot
Wenzel Downhole Tools
Anonymous (4)

$10,000+
Chandoscherry Foundation
Douglas & Joanne Ellenor
Agnès Faraci
Leder Charitable Foundation
Peter O’Sullivan
Roy Robbins
Brad Shaw
Donald M. Shumka
Thomas Whitfield
Anonymous

James E. Allard
Vol Allardice
Patricia & Grant Allen
John C Allison
Lyali & Lois Allison
Francis Allwood
David Andersen
Clifford Anderson
Caterina Ardito-Toffolo
J. Richard Armstrong
Family Foundation
Gail Asper & Michael Paterson
Elizabeth Atkinson
Pierre Aubertin
Harold A. Baardsnes
Hans Baeggli
John Ballie
James Bain
In Memory of Joel Balfour
Rudy Bandmsner
Brian J. Banks
Judy Bargholz
Leonard Bartlett
Robert Bauer
Larry & Nancy Behnsen
Robert Beland
William & Elma Berger
Graham Berkhold
Giselle Bettany
Grace L. Bevan
Beveridge Medical Inc.
Paul Bilodeau
Bruce & Jo Bird
Kelsey Bird
Evelyn Bissen
Melvin Bjorndal
Marjorie Blankstein C.M., O.M.
Gloria Block
Jeffrey Block
Robert Boettger
Jeanne Boire
Edwin Bolster
Alain Bouchard
Lucie Boucher
Mark Bourgeois
Marion A. Boyle
Jocelyn Braithwaite
Jérôme Brassard
Catherine Bratty
Donald Brazer
John Brennan
BrianRlrrtuset Limited
James A. Brierley
Geneviève Briscoe
Jeffery Britton
Chris Brodeur
Paul Brooks
Phyllis Beverley Brown
Richard Buggelen
Carole A. Buss
Howard Bye
R. K. Byram
R & G Calam
Leanne Camarata
Cambridge Memorial Hospital
Canada Life
Alvin Carberry
Brad Forden & Carole Fujimoto
Suzanne Caron
Guylaine Caron
Carte International Inc.
Tim & Sheila Casgrain
Cercle Des Filles D’Isabelle 715
Edward Chambers
Carlos & May Chan
Chanceryx Mendez Holdings (Canada) Ltd
Jamie Chassie
Paul Chevalier
Marquette Choquette
Denise & Gilbert Chouinard
France Chretien Desmarais
Barrie W. Clayton
Martin Clingwall
Jean & Murray Cockburn
Cogeco Data Services
Ernest Collins
Jean Comfort
Rosemary Congdon
Const & Gen. Workers Union 92
The Co-operators
The Côte Sharp Family Foundation
Paule Couet
Charles Coupal
Riki & James Cox
Mr. & Mrs. Robert T. Crawford
Crestview Investment Corporation
Crist Family Foundation
Murray & Lois Cummings
Barbara Currie
Alex & Shirley Curtis
Sophie Cuvelliez
Christian Cyr
Marcelle Dagenaïs
Ron & Elise Dalby
Elaine Davies
André De Bellefeuille
The De Boer Foundation
Bernard De Serres
Cyndy De Thomasis
Silvia Dellastos
Ken & Nicolette Decoursey
Delta Square Developments Ltd.
Leo & Sandra DeZotto
Peter Demik
Suzanne Deschênes
Jasdeep Dhaliwal
Tim & Rhonda Dietzler
Maxine Digiovanni
DK Jabs Medicine Professional Corporation
Donburg Farm Limited
H. R. Doornekamp Construction Ltd.
Victor and Maxine Dreynig
Donald Drysdale
Leslie & Irene Dube Foundation

RESEARCH PARTNERS

Research Partners are a special community of individuals, foundations and corporations Canada-wide who are supporting research into the cause of and cure for MS. The MS Society of Canada is proud to celebrate the following Research Partners who made a gift commitment in 2015.
$50,000 – $74,999
Jason Gregor AB
Julia Nimlowski AB
Barry Travnikov ON
Greg Van Toghem AB

$25,000 – $49,999
Lynda Archambault AB
Robert Decker AB
Luc Lacombe QC
Bernard Lofchick MB
Timothy Mahoney AB
John Makris SK
Douglas Meloche AB
Suzanne Mignault QC
Danielle Pinarello QC
Stacey Sher AB
Jonathon Simmons AB
Arthur Weingarden ON

$20,000 – $24,999
Yves Beaulieu QC
Roy Best ON
Judd Buchanan BC
Chris Kieser AB
Martin Lampron AB
André Lesperance AB
John Mullen AB
Richard Pané AB
Stephen Quigley ON
Eric Riva AB
Howard Shapray AB
Bryan Simister AB
Sean Wingrave AB

$10,000 – $19,999
Alan Acorn AB
Jonathan Allenger AB
Giselle Amann AB
Jimmy Arlita AB
Erik Rivard AB
André Lespérance QB
Roy Best AB
$20,000 – $24,999
Daniele Pinarello QC
Timothy Mahoney AB
Luc Lacombe QC
Robert Decker AB
Lynda Archambault QC

TOP EVENT FUNDRAISERS

$10,000 – $19,999
Bonnier Miller AB
Blaine Mills AB
Jordyn Money AB
Brenda Munoit AB
Keith Mychhaluk AB
Jim Noble AB
Tracey Ostermeyer AB
David Palmer AB
Claude Phaneuf AB
Shaun Piercey AB
Gail Plouffe AB
Tracey Pollock AB
Bertrand Potvin AB
Griffin Purdy AB
Jamie Purdy AB
Ian Raap AB
Elaine Rankine AB
Elise Reader AB
Bryan Reid AB
Sheldon Rice AB
Arabella Rossi AB
Patricia Rzechowska AB
Sal Salvaggio AB
Yves Savoie AB
Luke Schoonderwoerd AB
Soren Schau AB
Jay Shepherd AB
Ranny Huntley AB
John Simone AB
Jeff Simpson AB
Dan Sims AB
Jason Smith AB
Craig Solberg AB
Allan Sporer AB
Bryant Sullivan AB
Kevin Tamblyn AB
Gail Taylor AB
Barron Miller AB
Marc Tetu AB
Christiane Thouin AB
Marjorie Tilbott AB
Jane Tomalty AB
Cory Turner AB
Frank Van Chorbot AB
Barbara Van Wallingham AB
Annie Vanhelli AB
Melanie Veillette AB
Gloria Vermeulen AB
Tracey Wahba AB
Mark Wahls AB
Martin Wahls AB
Mark Wilton AB
V. Yee Wong AB
Brennan Zurenski AB

$5,000 – $9,999
Allison Arsles AB
Marcie Ackerman AB
Karyne Amyot AB
James Andrew AB
David Arubhuth AB
Leon Arishenkov AB
André Bachand AB
Jayda Back AB
Ron Bailey AB
Beverly Bailey AB
Barbara Baker AB
Paul Balthazard AB
Debbie Barnes AB
Louse Baudin AB
Francois Beauchemin AB
Gael Beauchamp AB
Rob Bekius AB
Simon Benoit AB
Tanya Benoit AB
Jennifer Bergin AB
Paul Bernards AB
Tobie Berthia AB
Jenifer Berube AB
Janice Bilton AB
Michael Binder AB
Dietmar Bloedorn AB
Sylvia Booy AB
Valerie Bourdon AB
Christian Bouhnikas AB
Jerdoss Brasard AB
Jean-Daniel Breton AB
Suzanne Broadbent AB
Charles Brown AB
Suzanne Broadbent AB
Louis Brown AB

Miles Kohan AB
Benoit Labelle QC
Paul Lalond QC
Kirsty Ladaw AB
Jennifer Lalonde AB
Katie Lang AB
Rene Lang AB
Raymond Langlois AB
Howard Langlois AB
France LeBlanc AB
Marc Lecclair AB
Alli Leithoff AB
Jean-Luc Lemire AB
Taryn Lencos QC
Andrew Lemmok AB
Noss Levin AB
Todd Levy AB
Brianna Lund AB
Olivia Lutes AB
Dan MacAdams SC
Michael MacMurchie BC
Tony Makrogiannis AB
Cynthia Mansfield AB
Dale Martin AB
Kimylin Martin AB
Delores Maystrowich AB
Shelley Mcclell AB
Andrea Mears AB
Maxime Mercier AB
Lynn Meredith AB
Paula Merlier AB
Allan Miller AB
Leah Milton AB
Henry Moesker AB
Keith Moore AB
Colin Moorman AB
Pierre Moreau OL
Andrea Morrin OL
Ray Muller AB
Richard Nelson AB
Randy Neve AB
Peter Newman AB
David Nicholls AB
Dean Nix AB
Christine Nordal AB
Eoin Norris AB
Liam Northrop AB
Moira Northrop AB
Lauren O'Brien AB
Randall Oke AB
Marie O'Neal AB
Steven Owens AB
Claudia Paez AB
Suzanne Paquet-Chapman AB
Chris Papirot AB
Seth Parrott AB
Roy Paterson AB
Colin Penny AB
Peter Peters AB
Larry Peyton AB
Gibson Pierce AB
Roger Pomerleau AB
Robert Pon AB
Melvin Poter AB
Stephen Pritchard AB
Jacques Pronovost AB
Brad Ralke AB
Dallas Reaves BC
Rick Reves AB
Lynne Robitaille AB
Alex Romanowich AB
Megan Ross SK
Nathalie Roussin AB
Stephane Roy AB
Giuseppe Rubino AB
Bruce Ryan AB
Claude Sanchez AB
Joyce Santos BC
Doreen Saunders AB
Chris Savio AB
Gary Scherle AB
Rudi Schimmel AB
Robert Schoep AB
Rebecca Scott AB
MS Rugby Sevens BC
Hank Slaban AB
Rajeev Sharma AB
Wayne Shoemaker AB
Reese Shufelt AB
John Sloane AB
Linda Smallwood AB
Evie Soares AB
Brian Spence AB
Haran Spence AB
Karan Spolier AB
Chris Stevens AB
Glenda Stewesin Smith AB
Steve St-Germain AB
Robin Stathatee AB
Regine Surpis AB
Kim Surpis AB
Frank Symons AB
Leah Talton-Sinclair AB
Gerald Thibault AB
David Thomas AB
Sally Thornburn AB
Armantode Turcoite AB
Darrel Turner AB
Donna Ullier AB
Dean Unruh AB
Janet Van Vlez AB
David Varga AB
jay Varjassy AB
Ron Vermeulen AB
Andrew Waldron AB
Lacey Warneck AB
Paul Wemple AB
Denis Wicary AB
Rob Widip AB
Barbara Winfield AB
Blair Yaworsky AB
Tom Zucco AB
Jacob Zwaan BC

TeamMS TOP TEAMS
TeamMS encourages participants in MS Walk and MS Bike to form teams with their families, friends and co-workers for fun and camaraderie. Thank you to the following teams for their outstanding fundraising contributions in 2015.

**$100,000+**
Smokin' Embers AB
Happy Fillmores AB

**$75,000 – $99,999**
Gregor Bombs AB
Les Pedalers de l'Avenir QC
Vancouver Island Golf Superintendents Association BC

**$50,000 – $74,999**
Butt Ugly ON
Doug and Marion’s MS Erasers ON
Hot MS AB
Jasper H–Core Rockhoppers AB
Lesperance QC
Libro Freewheelers ON
MS AIN’T PURDY AB
On the Rump AB
PD Slow Riders AB
Shifting Rears AB
Solutions Partagés QC
Team Julia AB
Team United Cycle AB
The Remylinitors SK
Team Sparkling’s Propane ON
The Spokespeople AB
Woop de Woo BC

**$25,000 – $49,999**
ADESA Auction Riders MB
Assante QC
Battered Piles AB
Biker for Mike ON
Biker Chicks & Bocce Boys AB
Bunseo Honeydews AB
Chicks with Hiccups to EndMS ON
Conestoga-Rovers & Associates ON
County Riders ON
Croix Bleue Medavie QC
Cyclepaths MB
Dacie’s Gang QC
DILLON HIGHWAY ROLLERS ON
Equipe RBC QC
Erama ON
eSport SFortif QC
Faust i Fer QC
Glen’s Titans Never Tire AB
Gluteus to the Maximus ON
Greatful Tread of Great-West Life MB
Guys and Gals A 1000 Plus ON
Invincycles AB
ITC Construction AB
Journey for Jani ON
Kiss MS Goodbye AB
L’Equipe qui a du chien QC
menstrual cycles AB
Midland in Motion MB
Millennium Stars Self-Help Group BC
Misterlegou QC
Mr. Lube AB
Multiple Scorgasms ON
Myelin Miracles ON
Pat’s Peloton AB
Rockingham Riders AT
Roszi’s Riders MB
SG Front Forks AB
ShutOut MS BC
Slow Spokes AT
Sore Rears on Fast Gears AB
Spirit Riders QC
Steps for the Cure ON
Stingers AB
Süs Scrofas AB
TEAM BASINTEK AB
Team Jen AB
TEAM LAH 2015 QC
Team Nervous AB
TEAM PRONTI AB
The Brotherhood Team ON
The Heartbreakers AB
The McInnes Cooper Trial by Tires AT
VIA Rail QC
Vol-au-vent QC
Wheelie Awesome Bikers ON
Wheelie Awesome AB

**$20,000 – $24,999**
AMC Eagles MB
Asleep at the Wheels AB
Blazing Saddle Sores SK
Blood, Sweat & Gears ON
Casson’s Crew AB
Copper Pedalers QC
Crystal Spring Team MB
Fort Street Cycle Beginner Tri for MS (presented by TriStars Training) BC
Freedom 55 Financial AB
Gallaghers Grape Expectations BC
GCBT ON
Le tour de France QC
Les Générations XYZ QC
London Life Cycles ON
Loose Bearings ON
MASS SYNERGY MB
Mastronardi Produce ON
Mighty Spinners AB
MS SUCKS ON
Msfits BC
OS for MS ON
Renaissance QC
Sobeys Cycle ~ Delics AT
StandardAero Turbinators MB
Stellas and Glens and Bikes oh my ON
Team Chris AB
Team Elayne BC
Team Mega Sore Ass AB
Team Spirit ON
TransCanada Spokes AB
Wheelie Awesome AT
Windriders LA
Evelyn Opal Society & Legacy Gifts

The following individuals have confirmed a legacy gift to the MS Society in the past year, and we are privileged to welcome them as the newest members of the Evelyn Opal Society:

Anonymous (3)

Anonymous

$10,000 – $24,999
Estate of Douglas Homer-Dixon

$5,000 – $9,999
Estate of Violet Sophia Toms

$1,000 – $4,999
Estate of Yvette Landry

We also recognize the following Evelyn Opal Society members for their generous support through their legacy gift in 2015:

$250,000 +
Estate of Richard Lee Barr
Estate of Cecelia Margrette Cook
Estate of Lucille Girard
Estate of John Alan Turner
Anonymous

$100,000 – $249,999
Estate of Doreen Cameron
Estate of Laurel Elaine Chesley
Estate of Christina Cooper
Estate of Denise Lefaivre
Estate of Marjorie Mortlock May
Estate of Dorothy Corlett Wright

$50,000 – $99,999
Estate of Lucille Francoeur
Estate of Deborah Dawn Koenig
Estate of Eva McBrearty
Estate of Robert Samuel Remis

$25,000 – $49,999
Estate of Donald Richard Anderson
Estate of Simonne Dextraze Fortier
Estate of Andrew Francis Higgins
Estate of Laurrette Langelier-Lachapelle
Estate of Brian Francis Rudnick
Estate of William Creighton Stewart
Estate of Frank Truman West

We apologize for any errors or omissions found within our acknowledgement lists.
### MULTIPLE SCLEROSIS SOCIETY OF CANADA

**Combined Statement of Revenue and Expenditures**

For the year ended December 31, 2015

(in thousands of dollars)

**To view our full audited financial statements, please visit mssociety.ca/financial**

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<th>Revenue</th>
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<td>endMS Research and Training Network</td>
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<td>endMS Whatever It Takes</td>
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<td>Corporate giving and major donors</td>
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<td>Dinners, tournaments and third party events</td>
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<td>Excess of revenue over expenditures for the year</td>
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<td>Individual giving and direct marketing</td>
<td>7,663</td>
<td>7,967</td>
</tr>
<tr>
<td>Dinners, tournaments and third party events</td>
<td>2,065</td>
<td>1,948</td>
</tr>
<tr>
<td>Indirect fundraising</td>
<td>1,940</td>
<td>2,032</td>
</tr>
<tr>
<td>Gaming</td>
<td>219</td>
<td>220</td>
</tr>
<tr>
<td>Cost of goods sold</td>
<td>164</td>
<td>190</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total Fundraising Expenditures</strong></td>
<td><strong>22,500</strong></td>
<td><strong>22,966</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Program and administration expenditures</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Client services</td>
<td>8,851</td>
<td>8,891</td>
</tr>
<tr>
<td>Research*</td>
<td>6,404</td>
<td>6,864</td>
</tr>
<tr>
<td>Research – endMS Research and Training Network</td>
<td>754</td>
<td>1,157</td>
</tr>
<tr>
<td>Research – Whatever It Takes</td>
<td>965</td>
<td>1,581</td>
</tr>
<tr>
<td>Public education and awareness</td>
<td>5,765</td>
<td>5,748</td>
</tr>
<tr>
<td>Chapter and volunteer support and development</td>
<td>3,821</td>
<td>3,981</td>
</tr>
<tr>
<td>Government and community relations</td>
<td>1,719</td>
<td>1,719</td>
</tr>
<tr>
<td>MS Clinics</td>
<td>249</td>
<td>673</td>
</tr>
<tr>
<td>Administration</td>
<td>4,148</td>
<td>3,612</td>
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<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total Program and Administration Expenditures</strong></td>
<td><strong>32,676</strong></td>
<td><strong>34,226</strong></td>
</tr>
</tbody>
</table>

| Surplus/ (Deficiency) of revenue over expenditures before the undernoted|      |      |
|                                                                      | **286** | **(78)** |

| Fair value change in investments                                      |      |      |
|                                                                      | **(92)** | **264** |

| Excess of revenue over expenditures for the year                      |      |      |
|                                                                      | **194** | **186** |
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About the cover: Gregory was diagnosed with MS in 2008.