To hope is to gamble. ... Hope [just] means another world might be possible, not promised, not guaranteed. Hope calls for action; action is impossible without hope.”

–Rebecca Solnit, Hope in the Dark

MS can be an unpredictable and isolating disease. In conversations with people across the country, I’ve heard that MS means different things to different people, and I frequently hear people speak of an ever-deepening fear of the future. What is common to everyone with whom I speak is their need for hope. Our goal at the MS Society is to turn fear into hope, and hope into action.

The work of the MS Society — including research, advocacy, programs and services — helps people impacted by MS enhance their quality of life and not lose hope. We all want a future free of MS.

People affected by MS are at the centre of everything we do. In 2016, our MS Knowledge Network extended and enhanced the services that we provide to Canadians affected by MS. Our Network may be the first point of connection with the MS Society for someone newly diagnosed. Or, a lifeline for someone experiencing a relapse or needing to identify support within their community. Our Knowledge Network is just one of the recent developments in programs and services. (see page 6).

We participated in a series of consultations initiated by the federal government aimed at improving accessibility legislation. The consultation aligned with our focus on independence. Government supports should allow people living with episodic disabilities to remain in the workforce longer, which is an important factor in maintaining independence and quality of life. MS Awareness month in May places these ideas at the forefront of our advocacy efforts. Our government relations team met with parliamentarians from across the country to advocate for more flexible income and employment supports.

It has also been an exciting year for breakthroughs in MS research. The promising results of the Canadian Bone Marrow Transplantation (BMT) trial were published, describing how some people living with severe MS-related disabilities had experienced substantial long-term recovery. The achieved gains contribute to what we think may be possible with MS and BMT. For a more comprehensive overview of the trials results, visit drkarenlee.ca.

For 10 years, Yves Savoie was an exceptional president and CEO to the MS Society. Yves brought a wealth of experience, knowledge, and skill to his role, and an unwavering dedication to our common cause. Yves was recently appointed CEO of Heart & Stroke Foundation of Canada. He will be greatly missed.

Join me in wishing Yves tremendous success in the next chapter of his career, and a heartfelt thank you for his tenure with the MS Society of Canada. Merci, Yves.

I ask you to join me in the journey to end Canada’s disease. A future free of MS is within our reach; let’s turn our hope into action and together we will end MS.
Expenditures overview

With your help, we are working toward the largest possible breakthrough for people living with multiple sclerosis: a cure. As we work toward that goal, your support continues to have an impact on people’s daily quality of life.

In 2016, your donations allowed the MS Society to commit $6 million toward Canadian MS research.

Thank you, from the bottom of our hearts. We couldn’t do it without you!

|$6+| MS research

7,900 | monthly donors

39,000+ | social media followers

Have you subscribed to our blog? Visit blog.mssociety.ca to read stories from people living with MS, gain insight into living with MS, and find out how you can help push our governments to support people affected by the disease.

Share our content using the hashtag #endMS to add your voice to the community.

TOGETHER WE ARE
#STONGERTHANMS

Canada has the highest rate of multiple sclerosis in the world. MS affects people’s lives in many different ways. Family members become caregivers supporting a loved one who lives with MS; students with a parent who lives with MS are inspired to apply for scholarships to contribute to the future of MS research; and people living with MS feel the loss – be it sudden or gradual – of their independence with every new symptom or relapse. MS is Canada’s disease, and Canadians are coming together and working hard to end it, and to improve life with MS for everyone affected.

The MS Society of Canada enables Canadians affected by MS to live well with:

RESEARCH
Jennifer Molson, diagnosed with MS in 1996, participated in the Canadian BMT trial.
“I won’t sugar coat this: the trial was hell. For three years, between 2002 and 2005, my life was a series of questions, tough decisions, and uncertainties. My body didn’t feel like my own. At one point I was taking 129 pills a day, and my stomach lining was so eroded that I couldn’t keep food down for a year. Destroying your immune system is no easy feat.

But now, here I am: walking, skiing, kayaking. Independent, working full-time, married after having danced at my wedding. I have been living relapse-free for 14 years, and it’s because of the Canadian Bone Marrow Transplantation (BMT) trial conducted by Dr. Mark Freedman and Dr. Harry Atkins at The Ottawa Hospital.

The BMT trial is responsible for a new immunoablation and autologous hematopoietic stem cell transplantation (IAHSCT) option for people with an early, aggressive form of multiple sclerosis, like the type I was living with in my early 20s. Five years after being diagnosed with MS at age 21, I had declined so rapidly that I was living at The Ottawa Hospital Rehabilitation Centre under constant care. Dr. Mark Freedman, my neurologist and lead investigator of the BMT trial, told me my MRI scan looked like a cheese grater – there were so many lesions on my brain that my nervous system looked like it had been shredded by MS.

A year after I completed the trial, I started to see improvements: first I was able to walk without a cane, then get through the day without a nap, then make plans with my friends without needing to cancel. Finally, in 2006, I had regained complete ability, was able to return to work full-time and feel more independent than I had in years.

I’m currently living relapse-free, but I’m also living with the after-effects of extreme chemotherapy. My husband and I have had to accept that we will never have children, as the treatment triggered early menopause in my body. I’ve had to get most of my childhood vaccines again, but I need to live without the Measles, Mumps, Rubella (MMR) vaccination. I am very prone to infection, and I developed a blood infection, shingles, and bladder infections after the treatment.

But when I’m asked if it was all worth it, I answer without hesitation: yes.”
Ongoing research is helping to expand the arsenal of treatment options for MS, while placing greater emphasis on a more personalized approach to treating the disease.

Immunoablation and autologous hematopoietic stem-cell transplantation (IAHSCT) adds to the growing list of options that are available for aggressive forms of relapsing-remitting MS (RRMS), which is a positive step towards preventing disease progression.

The findings from the Canadian BMT trial represent an important breakthrough in research exploring cell-based therapies for MS. The trial is the only one of its kind in Canada, although there are a number of other stem cell trials using similar techniques conducted abroad, the Canadian BMT trial has the longest follow-up period for this procedure for MS to date, providing a clear window into the long-term benefits of this procedure.

The study was funded by the MS Society of Canada and its affiliated Multiple Sclerosis Scientific Research Foundation (MSSRF) to identify a potential treatment for MS involving stem cells.

END MS CONFERENCE:
It’s worth celebrating the MS Society of Canada’s 2016 endMS Conference for its capacity to bring together so many of the great minds that have embarked on tackling the many unresolved questions about MS. We set out to bring researchers from Canada and abroad – who represent different fields of research and academic levels – together in one room to forge new collaborations and enrich each other and the field of MS research as a whole.

One of the highlights of the endMS Conference was the Hope and Engagement through Accelerating Research in Multiple Sclerosis (HEAR MS) day, which was dedicated to building and strengthening connections between research trainees and people affected by MS. Conversations and activities throughout the day allowed researchers to gain a better understanding of MS at a personal level, and at the same time people affected by MS had a chance to learn about the various studies being led by promising young investigators. HEAR MS day succeeded at fostering dialogue between two communities, which will ultimately enrich the way research is conducted and translated into meaningful outcomes for people affected by MS.

HERMÈS CANADA | MS SOCIETY WELLNESS RESEARCH INNOVATION GRANT (WRIG):
To help address the need for more information around wellness in MS, we launched the Hermès Canada | MS Society Wellness Research Innovation Grant (WRIG), with a goal of translating research findings into innovative wellness solutions that will improve health and quality of life for people with MS.

Three teams were awarded funding:

1. Impact of a Pilates program in multiple sclerosis. Dr. Charity Evans, University of Saskatchewan.
2. Web-based physiotherapy in moderate to severe MS. Dr. Katherine Knox, University of Saskatchewan.
3. Development of a mobile app to increase activity levels in youth with MS. Dr. Ann Yeh, University of Toronto.

To follow our progress and get the inside story on MS research, visit DrKarenLee.ca or follow @Dr_KarenLee on Twitter.

For more Canadian research updates, visit mssociety.ca/research
MS KNOWLEDGE NETWORK:
The many kinds of support

In the fall of 2016, the MS Society launched a marquis support program, the MS Knowledge Network, the first phase of which was the implementation of our MS Navigator service. Anyone in Canada who needs help finding answers to questions about multiple sclerosis can easily connect with an MS Navigator.

MS Navigators represent the MS Society’s commitment to providing the best possible quality service for people affected by MS. One phone call or email links a person to an MS Navigator, who can provide carefully curated information on topics such as medication, healthcare, symptom management, and MS research. The service is available during business hours, with multiple navigators working together to ensure full coverage across the country.

The idea was born out of the MS Society’s Listening to People Affected by MS initiative, which collected perspectives from thousands of Canadians affected by MS. The message was clear: there is a need for reliable access to quality information about MS and assistance to navigate the web of medical, community, and government supports available.

MS is unpredictable, and its effects can ripple to various areas of a person’s life. The MS Navigator’s role is to readily assist Canadians on whatever path MS takes them, and to help provide clarity to individuals living with a complex disease.

MS NAVIGATOR SERVICE BY THE NUMBERS

Average number of telephone inquiries received per month since the service launched.

Average number of email inquiries received per month since the service launched.

Hours per day MS Navigators take phone calls or answer emails (9 a.m. to 5 p.m.), no matter what time zone.

Number of hours of training the MS Navigators receive before they begin taking inquiries.

Number of days in which the majority of inquiries are handled and resolved by MS Navigators.

PEOPLE ASK THE MS NAVIGATORS ABOUT...

Peer support

Drug and medication information

Income support

Research

1-844-859-6789 | msnavigators@mssociety.ca.
Another branch of the MS Knowledge Network is the MS 1:1 Peer Support Program which completed its first full year of service matching volunteers living with MS with individuals looking for support. The service is offered by phone and email. Participants may be newly diagnosed, may have a specific question, or may be dealing with an issue related to their MS. Sometimes the best person to talk to is someone who also has MS. Volunteers from across Canada are provided with extensive training to ensure they have the skills to best support individuals who reach out for support.

**MS 1:1 PEER SUPPORT PROGRAM BY THE NUMBERS**

- Number of trained volunteers nationwide: 31
- Number of matches between volunteers and people seeking support: 74

> Working one-on-one with someone for six months, you get to become this interesting part of their life. The majority of the people I speak with are newly diagnosed and don’t want to burden the people that they love with the day-to-day of what MS can bring. When I initiate a conversation with a peer, I put myself into that headspace and make sure they understand that I’m here to listen. That they can tell me anything. I know what it’s like and I can hear it in their voices, they’re internalizing it, they’re depressed, they’re angry.”

—Trish Eastman lives with MS and volunteers her time with the 1:1 Peer Support Program

To learn more about the MS Knowledge Network, please visit mssociety.ca/support-services/ms-knowledge-network.
“One of the challenges of living and working with MS is the episodic nature of the disease. Relapses come and go with no warning, making it difficult, if not impossible, to abide by a rigid schedule. A few months ago I had a relapse that lasted nearly two weeks. Not only were my feet and hands numb, I was also numb from the waist down. All my muscles tightened and it was difficult to walk. It was tough walking from the CTrain to the office. I told one of my supervisors about my relapse and he told me to take it easy. He offered some extra help if I needed it. I was also experiencing neck pain at the time and was able to adjust my office furniture so it didn’t put so much strain on my neck.”

“The flexibility and accommodations offered by my employer have been so central to my well-being and quality of life. I know that my story does not reflect reality for so many others who are affected by MS. I wish other employers could see how easy it is to offer support to their employees the way my employer has supported me. There is value in valuing your employees. My story is an example of that.”

**MAKING OUR VOICES HEARD:**

*Mobilizing Canadians to effect real change*

Coriann Berry was diagnosed with MS in 2015.

**GOVERNMENT RELATIONS:**

- Mobilize and equip MS volunteers to reach out to governments to hold them to account and meet their obligations
- Make governments aware of MS research potential and outcomes, and request they dedicate increased funding
- Influence governments to fund adequate income and programs for people with disabilities

A key vehicle to position the person with MS at the centre of our work
Raising awareness about MS is crucial to effecting change. In 2016, our focus was on making sure the voices of Canadians affected by MS were heard regarding what they need to live the best lives possible.

On May 24, the Conference Board of Canada released a report entitled; Multiple Sclerosis in the Workplace: Supporting Successful Employment Experiences. In their press release, the group states, “While Canada has the highest rate of multiple sclerosis (MS) in the world, we may not be doing enough in terms of providing appropriate workplace accommodations and income supports for this population and their caregivers.”

Key findings from the report are very much in line with the Institute for Research on Public Policy’s (IRPP) report titled Leaving Some Behind: What Happens When Workers Get Sick; and ACTION on MS from the MS Society’s Listening to People Affected by MS initiative. This report outlines some key actions that can be taken by employers, governments, and other stakeholder groups, including the following:

- Positive employer attitudes and accommodations for employees with MS
- Early use of interventions and disease management strategies
- Better and more coordinated employer and government supports

So what does this mean? It means we have one more piece of concrete evidence to take to our governments to raise awareness and effect change. It means we have more tools to advocate for crucial changes that will have a real impact on the working lives and financial future of people living with MS and their caregivers.

System-wide change starts with assessing where we are now, so that we are fully informed when pushing for progress. We are working to make sure our voices are heard through our annual Day on the Hill and Carnation Pinning Ceremony, and through our participation in the federal government’s 2016 accessibility consultations.

To read the reports mentioned here in full and learn more about our advocacy activities, visit blog.mssociety.ca/category/advocacy

2016 ACCESSIBILITY CONSULTATIONS:
The federal government championed by Minister of Sport and Persons with Disabilities, Carla Qualtrough conducted a series of public consultations throughout 2016.

We participated in the accessibility legislation consultations in person as well as prepared a written submission with our recommendations.

With these recommendations, we hope to make Canada a more fully inclusive place for people living with MS.
Starting along the Atlantic coast of France and ending just shy of the Black Sea in Romania, longtime MS Bike participant, Ahmed Nassrat, took to his bike on his own journey to end MS. He cycled 4,500 kilometers, through eight countries, over 55 days with a goal of raising $1 for every kilometer he rode.

The MS Society’s I Challenge MS program is about empowering you to raise money for Canadians living with MS in a way that is meaningful to you. When you create an I Challenge MS campaign, you are given access to a wealth of resources to make the process of sharing updates and collecting donations simple and easy. Help make a difference in your own creative way. For more information, visit ichallengems.ca.

“This ride was an opportunity to spread the word that Canada has the highest rate of MS in the world, and to raise funds for MS research. As a Canadian, it’s my place to help end our country’s disease and I hope to inspire others to join me.”

Ahmed had never been on a long distance cycling trip before. Nor had he ever travelled by himself, let alone in a series of countries where he doesn’t speak the language. His reasons for going on this ride were three-fold: as a means of self-discovery; to spread awareness about MS and raise funds to help find a cure for the disease; and to inspire others to take action for the causes close to their hearts.

“I raced against cruise ships on the canal, I raced against tractors on the ground, and I even raced against a 70-year-old man I met along the way,” he explains on his YouTube channel. “The truth is, I was afraid of being lonely, but I never once felt alone.”

In his final video from abroad, Ahmed thanks the long list of people who took him in and made him feel welcome along his journey. He describes a night spent in a total stranger’s house, something he never would have thought of doing prior to this trip.

“What started as a personal challenge, became a truly eye-opening experience for me,” says Ahmed. His advice to others: “Get out of your comfort zone, you will be rewarded. I met amazing people and learned about so many countries. I also learned that despite all of our differences, we are all seeking the same things: a happy life surrounded by people we love. I’m proud that I was able to raise awareness about Canada’s disease in places so far away.”
Thanks to Canadians like you in communities across the country, 2016 was our most successful A&W campaign to date. In 2016, Burgers to Beat MS (formerly known as Cruisin’ to end MS) focused heavily on raising awareness about the fact that Canada has the highest rate of MS in the world. With the help of MS Ambassador and A&W Champion’s Tour all-star, Juan Garrido, the campaign successfully raised a record-breaking $1.6 million. Thank you!

A&W continues to be the MS Society’s largest cause marketing partner, with an annual campaign that has raised more than $9 million in eight years for research and improving life with MS for Canadians affected by multiple sclerosis. Through a $1 donation from every Teen Burger® sold, to local fundraising initiatives, more than 850 A&W restaurants across the country were able to make an impact in their communities, and nationwide.

“I’m going to do as much as I can today because I’m not sure what I’ll be able to do tomorrow. So today, I’m going to work my two jobs, and volunteer with the MS Society and be looking for my next opportunity because I can do that. If anything, MS has pushed me to take advantage of my abilities and get the most out of life.”

—Juan Garrido, A&W Champion

To learn more about our corporate partnerships, please contact Brian Lim at brian.lim@mssociety.ca.
The MS Society is pleased to thank and recognize the following donors who made a significant and meaningful gift or commitment in 2016 in support of Canadians affected by MS.

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<th>Amount Range</th>
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The Multiple Sclerosis Society of Canada would also like to thank the United Way of Canada.
endMS: WHATEVER IT TAKES CAMPAIGN DONORS

The MS Society is grateful to the following donors who made a generous gift commitment in 2016 to the endMS: Whatever It Takes campaign, which funds the most promising research in Canada and around the world to find better treatments, improve quality of life, and enable people living with MS to lead the best life possible.

$1,000,000 +
Bennett Jones LLP
Biogen Canada Inc.
PCL Constructors Canada Inc.

$500,000 – $999,999
PwC

$100,000 – $499,999
Donald Berman Foundation
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Friends of Asad Wali
Triumph Tool Ltd. & Duffy Family
Jane & Reno Trentini

$1,000 – $9,999
Butler Family Foundation
CBRE Ltd.
John Clifford
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Cummings Family Foundation
William Dyer
Investors Group
Valerie Hussey
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Brian Kusisto
Murray Lukawitz
Robyn Cohen
Edward Shwedzky
Cory Turner
Lori Radke
Kerri Riddle
Marie A. Vaillant

If you are interested in learning more about how you can make a significant gift to help end MS, please contact Cheryl Hanson at cheryl.hanson@mssociety.ca
TOP EVENT DONORS

Our fundraising events enable us to fund cutting-edge Canadian MS research as well as programs and services for people living with MS across the country. We are delighted to recognize the following donors who made a gift in support of the MS Society’s 2016 fundraising events.

$50,000+
- Medavie Blue Cross
- RBC Financial Group, through the RBC Foundation
- Sanofi Genzyme

$25,000 – $49,999
- North American Produce Buyers Ltd.
- Novartis Pharmaceuticals Canada Inc.
- Scotiabank

$10,000 – $24,999
- Anonymous
- William Bates
- Namira Boyce
- The Canadian Brewhouse Ltd

$5,000 – $9,999
- Adonis Planning Ltd
- A&A King Foundation
- A&A King Foundation

$1,000 – $4,999
- Thomas G. Melanson
- Alexander & Sherrill Ltd
- Art Crooks
- Murray and Lois Cummings
- Barbara Currie

RESEARCH PARTNERS

Research partners are a special community of individuals, foundations, and corporations from across the country who are committed to supporting research into the cause of and cure for MS. The MS Society of Canada is grateful to the following research partners who made a gift in 2016.
**TOP EVENT FUNDRAISERS**

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| Kory Crowder ON           |
| John Cuddie ON            |
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| Matthew Dasilva ON        |
| Richard de Carufel QC     |
| Robert Decker AB          |
| Tom Dennethy ON           |
| Dominique Deschamps QC    |
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| Sylvain Gagnon QC         |
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| Matthew Hill ON           |
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| Roland Houle UK           |
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| Tracey Wahba SK           |
| Brad Williams AB          |
| David Wilcox ON           |
| Sean Wingrave AB          |
| V Wee Yong AB             |
TeamMS TOP TEAMS

TeamMS encourages MS Walk and MS Bike participants to form teams with their families, friends, and co-workers for fun and camaraderie. Thank you to the following teams for their outstanding fundraising contributions in 2016.

**$100,000+**
Happy Fillmores AB
Les Pédaliers de l’Avenir QC

**$75,000 – $99,999**
Doug and Marion’s MS Erasers ON
Muck Yeah! ON
Team LAH QC
Woop de Woo BC

**$50,000 – $74,999**
Doug and Marion’s MS Erasers ON
e$Pit Sportif QC
Gregor Bombs AB
Lespérance QC
Libro Freewheelers ON
Muck Yeah! ON
PD Slow Riders AB
Smokin’ Embers AB
Solutions Partagées QC
Sus Scrofas AB
Team Bleiwas ON
Team Cowbell (formerly Sparling’s Propane) ON
Team LAH QC
Team United Cycle AB
Woop de Woo BC

**$25,000 – $49,999**
Alpine ON
BDO Bikers AB
Bicecycles AB
Bike for Mike ON
Blood, Sweat & Gears ON
BunseN Honeydews AB
Butt Ugly ON
Copper Pedalers QC
County Riders ON
Croix Bleue Medavie QC
Crystal Spring Team MB
Cyclepaths MB
DILLON HIGHWAY ROLLERS ON
Faut I Fer QC
GHD ON
Glenn’s Titans Never Tire AB
Gluteus to the Maxxrus ON
Greatful Tread of Great-West Life MB
Greystone Trading Paces SK
Guts and Gals A 2000 Plus ON
Jasper Steel Panthers AB
Journey for Jari ON
Kiss MS Goodbye AB
L’Équipe qui a du chien QC
Le Kash Group QC
Les Générations XYZ QC
London Life Cycles ON
Mapie Reinders AB
Mastronardi Produce ON
Menstrual Cycles MB
Midland in Motion MB
Millennium Stars Self-Help Group BC
Misterleqou QC
Mr. Lube AB
MS AIN’T PURDY AB
MyButts-Eh-King SK
On the Run AB
PCL Construction AB
Rcckingham Riders NS
SG Front Forks AB
Shifting Rears AB
Slow Spokes MB
Steps for the Cure ON
Team Eramosa ON
Team Nervous AB
Team Rehabilitation AB
The Brotherhood Team ON
The Heartbrakers AB
The Remyelinitors SK
The Spokespeople AB
Tour de Ands AB
VIA Rail ON
Vol-au-vent QC
Waiward AB
West Island Roadrunners QC
Wheelie Awesome Live Wires NS

**$20,000 – $24,999**
Battered Piles AB
C.T. Soil’s Mighty Celtic Warriors ON
Casson’s Crew AB
COLLECTION QC
Inch by Inch AB
ITC Skylines AB
Linda’s Life Savers ON
Loose Bearings ON
Loose Sprockets MB
MASS SYNERGY MB
Mighty Spinners AB
MS Rockstars AB
MSchievous BC
Multiple Scorgasms ON
MyelinaAction ON
PsyCows MB
Renaissance QC
Sobey’s Cycle – Delics NS
Spokes People AB
Stellas and Glens and Bikes oh my ON
Team Awesome SK
Team Chris AB
Team ML QC
Team Spirit ON
The Bulger Backers AB
The C-Trains ON
The Kitchener BreakAways ON
The Rear Guard QC
The Rolling Cause AB
TransCanada Spokes AB
Wheelee Awesome Bikers ON
LEAD CORPORATE EVENT SPONSORS AND PROMOTIONAL PARTNERS

We are proud to honour our nationwide corporate sponsors, cause marketing, and promotional partners who have demonstrated leadership in supporting the MS Society’s fundraising events and overall mission.

EVELYN OPAL SOCIETY & LEGACY GIFTS

Named for the founder of the MS Society, the Evelyn Opal Society recognizes donors who share a commitment to helping end MS and giving those living with MS a better future. The following generous donors have made a designated gift through their estate plans. Respectfully, many donors wish to remain anonymous. Those who granted permission to be recognized as members are listed below.

Gayelene Bonenfant
Bob and Pat Decker
Valerie Hussey
Kent Kirkpatrick
Betty-Lou Northway

Desjardins QC
EMD Serono Natl
EY QC
Fairmont Royal York ON
Fillmore Construction AB
First Truck Centre AB
Groupe Germain Hotels QC
Jayman Built AB
Johnson Inc. AB
K+S Potash Canada SK
Le Groupe Jean Coutu QC
Louis Garneau Natl
Mandarin Restaurants ON
Manitoba Liquor & Lotteries MB
MasterCard ON
Mckinsey ON
Medavie Blue Cross AT, QC
Metropia ON

Morneau Shepell ON
Movements Desjardins QC
Moxies Grill & Bar ON
Novartis Pharmaceuticals Canada Inc. Natl
Old Dutch ON
Oliver Wyman ON
Pedal Magazine Natl
Pizzaville ON
Prairie Lube Ltd. AB
Protégé Software Studios Natl
Pulmonary AB
Québecor Media QC
Raymond Chabot Grant Thornton QC
RBC Natl
RBC Wealth Management QC
Roche Natl
Sanofi Genzyme Natl
Saskatchewan Blue Cross SK

Scotiabank Natl
Sentinel Storage AB
Shoppers Home Health Care AB
SimEx Iverks Entertainment ON
Sun Life Financial ON
TELUS Natl
Teva Canada Innovations Natl
Turkey Farmers ON
VISA ON
Weston ON

Cause Marketing and Corporate Partners

AF&W Food Services of Canada Inc.
AMG Medical
Brinks Canada Ltd
Mr. Lube
Spicers Canada

Student Works Painting

Media Partners

97.3 The Wave
Bell Media
Big Dog
Black Press
C100
Candie
CIBC
CCTV
Clear Channel
Corus Entertainment
CTV
Global News
Golden West Radio
Grassroots Advertising

Metro News Toronto
Metroland
MLSE
NewCap Radio
Pattison
Publicis
RCM Canada
Rainbow Cinemas
Rawlisco
Rogers Communications
Saskatoon Media Group
Shaw Communications
The Globe & Mail
Toronto Star
TV COGECO
TVQ / LINUS
Zoom Média

$100,000 – $249,999
Estate of Margaret Elizabeth Bertrand
Estate of Katherine Mary Card
Estate of Doris Hyde

$50,000 – $99,999
Anonymous
Estate of Barbara Jean Appleby
Estate of Eric Burton
Estate of William Henry Cameron
Estate of Marilyn Barbara Crompton
Estate of Margaret Doughty
Estate of Ruth Margaret Harwood
Estate of Mary Karen Heipel
Estate of Maria Tatiana Kashdan-Jackersen
Estate of Clarke H. Mills

$25,000 – $49,999
Estate of Lilian June Ames
Estate of Mona Constance Bell
Estate of Jessie Wilma Fear
Estate of Serena Jane MacDonald
Estate of Renate Schultz
Estate of John Alan Turner
Estate of Walter Karl Wittenbacher

$10,000 – $24,999
Estate of Mildred Lilian Bailey
Estate of Arthur Breglia
Estate of Ruth Elizabeth Hodge
Estate of Phyllis Joycelyn Kohut
Estate of Sheila Starkie

$5,000 – $9,999
Estate of Donald Richard Anderson
Estate of Gordon Butler
Estate of Gary David Cadario
Estate of Michael Cullimore
Estate of Hans Friedrich Ebert
Estate of Phyllis Estella Gaunce
Estate of Wesley Richmond Grant

$1,000 – $4,999
Estate of Rose Balint
Estate of Geralinde Boudreau
Estate of Norma Kathleen Cain
Estate of Dorothy Chambers
Estate of Jessie Graeme Collins
Estate of Anna Frances Cotter
Estate of Marion Current

Estate of Dorothy Mae Greer
Estate of Gail Velma Harris
Estate of Leroy Montgomery Johnson
Estate of Leona Nyznik
Estate of Adaline McMurray Robbins
Estate of Edith Edgecombe Slipp
Estate of Audrey Yvonne Smith
Estate of Lawrence Wilfred Smithers
Estate of Murray Donald Spence
Estate of Ernest W J and Mavis M Underwood
Estate of Alberta Yvonne Voil

We apologize for any errors or omissions found within our acknowledgement lists.
# MULTIPLE SCLEROSIS SOCIETY OF CANADA

## Combined Statement of Revenue and Expenditures

For the year ended December 31, 2016

(in thousands of dollars)

To view our full audited financial statements, please visit [mssociety.ca/financial](http://mssociety.ca/financial)

### Revenue

<table>
<thead>
<tr>
<th>Description</th>
<th>2016</th>
<th>2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leadership giving activity</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bequests</td>
<td>2,194</td>
<td>3,725</td>
</tr>
<tr>
<td>endMS Research and Training Network</td>
<td>292</td>
<td>432</td>
</tr>
<tr>
<td>endMS: Whatever It Takes</td>
<td>2,140</td>
<td>573</td>
</tr>
<tr>
<td>Corporate giving and major donors</td>
<td>2,140</td>
<td>2,159</td>
</tr>
<tr>
<td>Grants from governments</td>
<td>1,218</td>
<td>1,159</td>
</tr>
<tr>
<td>Grants from pharmaceutical companies</td>
<td>460</td>
<td>636</td>
</tr>
<tr>
<td>Other grants</td>
<td>707</td>
<td>732</td>
</tr>
<tr>
<td>Community based fundraising events</td>
<td>19,813</td>
<td>21,402</td>
</tr>
<tr>
<td>Individual giving and direct marketing</td>
<td>12,077</td>
<td>13,314</td>
</tr>
<tr>
<td>Dinners, tournaments, and third party events</td>
<td>7,164</td>
<td>6,392</td>
</tr>
<tr>
<td>Gaming</td>
<td>1,419</td>
<td>1,495</td>
</tr>
<tr>
<td>United Way and Health Partners</td>
<td>1,608</td>
<td>1,676</td>
</tr>
<tr>
<td>Public awareness activities</td>
<td>657</td>
<td>721</td>
</tr>
<tr>
<td>Sale of goods</td>
<td>249</td>
<td>286</td>
</tr>
<tr>
<td>Miscellaneous</td>
<td>350</td>
<td>233</td>
</tr>
<tr>
<td>Memberships</td>
<td>52</td>
<td>34</td>
</tr>
<tr>
<td>Investment income</td>
<td>455</td>
<td>493</td>
</tr>
</tbody>
</table>

**Total Revenue:** 52,995

**Total Expenses:**

### Fundraising expenditures

<table>
<thead>
<tr>
<th>Description</th>
<th>2016</th>
<th>2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leadership giving</td>
<td>1,852</td>
<td>1,988</td>
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<tr>
<td>Community based fundraising events</td>
<td>7,117</td>
<td>8,461</td>
</tr>
<tr>
<td>Individual giving and direct marketing</td>
<td>7,271</td>
<td>7,663</td>
</tr>
<tr>
<td>Dinners, tournaments, and third party events</td>
<td>2,351</td>
<td>2,065</td>
</tr>
<tr>
<td>Indirect fundraising</td>
<td>2,264</td>
<td>1,940</td>
</tr>
<tr>
<td>Gaming</td>
<td>189</td>
<td>219</td>
</tr>
<tr>
<td>Cost of goods sold</td>
<td>174</td>
<td>164</td>
</tr>
</tbody>
</table>

**Total Fundraising Expenditures:** 21,218

### Program and administration expenditures

<table>
<thead>
<tr>
<th>Description</th>
<th>2016</th>
<th>2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>Client services</td>
<td>7,921</td>
<td>8,851</td>
</tr>
<tr>
<td>Research*</td>
<td>6,257</td>
<td>6,404</td>
</tr>
<tr>
<td>Research – endMS Research and Training Network</td>
<td>292</td>
<td>754</td>
</tr>
<tr>
<td>Research – Whatever It Takes</td>
<td>2,530</td>
<td>965</td>
</tr>
<tr>
<td>Public education and awareness</td>
<td>4,844</td>
<td>5,765</td>
</tr>
<tr>
<td>Chapter and volunteer support and development</td>
<td>3,472</td>
<td>3,821</td>
</tr>
<tr>
<td>Government and community relations</td>
<td>1,521</td>
<td>1,719</td>
</tr>
<tr>
<td>MS Clinics</td>
<td>106</td>
<td>249</td>
</tr>
<tr>
<td>Administration</td>
<td>5,112</td>
<td>4,148</td>
</tr>
</tbody>
</table>

**Total Program and Administration Expenditures:** 31,855

**Total Operating Expenditures:** 21,218

**Excess (Deficiency) of Revenue over Expenditures before the Undernoted:** 31

**Fair value change in investments:** 31

**Excess (Deficiency) of Revenue over Expenditures for the Year:** 47

* In addition to our staple research funding program, we invested more than $3.9 million in MS research through the Multiple Sclerosis Scientific Research Foundation (MSSRF). The MSSRF is a legal entity separate from the MS Society of Canada, and we generate separate financial statements for the MSSRF. The MSSRF's T3010 is available on the CRA website.